

Review Form 1.6

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_86466
Title of the Manuscript:	The Short-term Effect of Aerobics on Depressive Symptoms toward Healthy People
Type of the Article	Short communication

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajmah.com/index.php/AJMAH/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments		
Minor REVISION comments		
Optional/General comments	<p>In my opinion the entitled "<i>The Short-term Effect of Aerobics on Depressive Symptoms toward Healthy People</i>" discovers some beneficial and positive effects of aerobics to reduce the severity of depressive symptoms, although temporarily. It is an empirical attempt with a very small sample of represents.</p> <p>However, a very honest effort has been taken to highlight the efficacy of aerobic exercise in diminishing the negative energy.</p> <p>Therefore, I recommend to publish the article without any modification or change.</p> <p>As far as plagiarism is concerned, so far I have no software available to detect whether the article has plagiarized or not.</p>	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p> <p>I think the article contains no issues that violates the ethics of research as mentioned in ethics of research.</p>	

Reviewer Details:

Name:	Imran Khan
Department, University & Country	Jai Prakash University, India