

Review Form 1.6

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_86466
Title of the Manuscript:	The Short-term Effect of Aerobics on Depressive Symptoms toward Healthy People
Type of the Article	Short communication

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajmah.com/index.php/AJMAH/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<u>Compulsory</u> REVISION comments	1. Please write the clinical meaning of aerobics on depression in the introduction part. 2. Is the subject a normal person who doesn't have symptoms of depression? Does the study have clinical significance if you are an ordinary person without depression? Please write the inclusion criteria in detail.	
<u>Minor</u> REVISION comments	1. Please change the format of the thesis according to the journal form. 2. Problems with grammar and expression. 3. Please fill out the reliability and validity of the all evaluation tool. 4. Please further describe the clinical impact of aerobics in the conclusion section 5. Can you do sample size calculation?	
<u>Optional/General</u> comments		

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	

Reviewer Details:

Name:	Donghwan Park
Department, University & Country	Kyungnam University, South Korea