

# **ALGAE AS BIOLOGICAL INDICATORS OF POLLUTION MANAGEMENT STUDIES**

## **ABSTRACT**

Algae are unicellular or multicellular organisms that photosynthesize but lack the typical features such as roots, stems, leaves and flowers evident in higher vascular plants. They constitute the grasses of the waters. Algae vary in colour and class and occur in all water bodies including lotic and lentic fresh, brackish or salt. An attempt has been made here to establish the fact that as primary producers in aquatic systems, they can be used as bio-indicators to identify and qualify the effect of pollutants and assess the degree of pollution in the ecosystem with the ultimate objective of ensuring that local resources users in the water sector applying biodiversity friendly management measures within their day-to-day practices. Among the advantages of using algae as bioindicators are short life cycles and rapid reproduction, direct influences by physical and chemical environmental factors, a cost effective monitoring tool, and ease of sampling, less labour and less impact on other organisms. Besides, their role in removing different pollutants including heavy metals and other toxic substances from aquatic environments qualify them as candidates for bioindicators.

**Keywords:** Algae, biomonitors, aquatic ecosystems, sustainable development

## **Introduction**

Biomonitoring are organisms or communities of organisms whose reactions are observed representatively to evaluate a situation, giving clues for the condition of the whole ecosystem (Gerhart, 1995). Bioindicators are readily measured components or metrics of the biota that are used to provide long term ecologically relevant information about the ecosystem status or trends. They are different from the responses of human impact from natural variability when supported by predictive modelling and sound ecological theory.

## **Types of biomonitors**

Based on the purpose of bioindication, three types of bioindicators exist:

1. Compliance indicators
2. Diagnostic indicators
3. Early warning indicators

While compliance indicators are measured at the population, community or ecosystem level and emphasis is focused on issues as the sustainability of the population or community as a whole, as in fish population, diagnostic and early warning indicators are measured on the individual or suborganismal level with emphasis on early warning indicators focussing on rapid and sensitive responses to environmental changes.

Based on their applications, three types of bioindicators are evident

1. Environmental – species or group of species responding predictably to environmental disturbance or change as in bioassay organisms
2. Ecological indicators – Species known to be sensitive to pollution, habitat fragmentation or other stress and
3. Biodiversity indicator – Species richness of an indicator taxon is used as indicator for species richness of a community

Bioindicators can also be grouped based on the type of the organisms used. On this basis, bioindicators are classified as:

1. Animal indicators – zooplankton, protozoa, crustaceans, amphipod and copepods, insects, bivalves, mollusks, gastropods, fish, amphibians
2. Plant indicators – algae, macrophytes and
3. Microbial indicator – algae, fungi, bacteria and other microbial life forms

#### **Major features of bioindicator organisms include**

- Sensitive to change
- Easily measure and informative
- Consistence
- Better than or complementary to other potential indicators
- Ecologically understood/friendliness
- Colourful, large, charismatic or unusual
- Biologically sustainable
- Ability to change physiologically, chemically or behaviourally
- Used in water quality assessments

- Bioindicators reveal the presence of a pollutant
- Used to evaluate the health of an ecosystem
- Some algae show clear preference for particular lake conditions hence can be used as potential bioindicators

### **Usefulness of biomonitoring**

1. Where the indicated environmental factor cannot be measured
2. Where the indicated factor is difficult to measure e.g. pesticides and their residues or complex toxic effluents containing many interacting chemicals and
3. Where the environmental factor is easy to measure but difficult to interpret e.g. whether the observed changes have ecological significance.

### **Algae as biomonitors**

Algae include all holophytic organisms as well as their numerous colourless derivations that fail to reach the level of differentiation characteristics of archegoniate plants (Hill *et al.*, 2000). They are a group of relatively simple organisms that are photosynthetic, non vascular plants containing chlorophyll and possessing simple reproductive structures (Bhatnager and Bhardwarji, 2013). Algae are also viewed as a large group of non-flowering plants containing chlorophyll but lacking true roots, stems and leaves and vascular tissues. Algae are found in aquatic ecosystems such as ocean, streams, rivers, ponds, lakes and seas (Hazzeman, 2008; Bhatnager and Bhardwaji, 2013). Algae may be unicellular or multicellular. Examples of algae used in biomonitoring include diatoms such as *Fragillaria spp*, *Spirogyra spp*, *Peridinium spp* and *Nodularia spp*. (Favero and Frigo, 2002).

The aquatic algae as the important elementary producers in marine and inland water play a key role to the whole ecosystem. The algae directly reflect quality in most water bodies (Zhou *et al.*, 2008). Exposure of algae to pollutants of varying types and gravity can directly cause the disturbance of normal metabolism and biological functions including photosynthetic production and usage, reduction of cytochromes, cellular mutation, putrescence and other cell aberrations including death. Besides as primary producers there could be bioaccumulation which may result in health risks or hazards (He and Chen, 2014)

Algae communities possess many attributes as biomonitors of spatial and temporal environmental changes (Omar, 2010). Algae parameter especially structural and functional varieties as including short life cycles and rapid reproduction, ease of sampling and cost effectiveness requiring few persons for assessment and their user impact on other organisms.

Other factors include:

- Algae wide temporal and spatial distribution (Mahadev and Hosamani, 2005).
- Species availability
- Response to environmental changes due to pollution
- Occurrence in large quantities
- Ease of detection and sampling
- The presence of some algae are well correlated with particular type of pollution particularly to organic pollution
- Algae have been found to be good indicators of water quality and many lakes are classified based on their dominant phytoplankton group (Tapia, 2008).
- They have also been used in gas and oil exploration sites
- Wide geographical distribution (Jafari *et al.*, 2006).
- Ease of culturing in the laboratory
- They are relatively inexpensive and create minimal impact on resident biota (Wunsarn *et al.*, 2002).
- Standard methods exist in their evaluation of functional and non-taxonomic structural features (Zhou *et al.*, 2008).
- Biological communities integrate the effect of different stressors thus provide a broad measure of their impact (Raut *et al.*, 2010).
- Communities of algae integrate the stresses over time and provide an ecological measure of fluctuating environmental conditions (Vashishtal *et al.*, 2008).
- Routine monitoring of biological communities can be relatively inexpensive, particularly when compared to the cost of assessing toxic pollutants, either chemically or with toxicity tests (Priyadarshani *et al.*, 2011).

- The status of biological communities is of direct interest to the public as a measure of a pollution free environment (Olawton and Cooke, 1994).
- Could also be a useful phytoremediation technology to restore water quality due to high bioaccumulation abilities (Zhou *et al.*, 2008).

Algae species used in pollution biomonitoring include the diatoms, chlorophytes, cyanophytes, periphyton and dinoflagellates. Table 1 shows the algae and the industrial wastes they are indicating. The pollution index of algae genera at different stations of Negapur and Chandapur dams using Palmer's pollution index is presented in Tables 2 and 3. The mean algal attributes and associated indicators commonly used in monitoring programme is shown in Table 4.

Table 1: Algae indicating different industrial wastes

Industrial waste	Indicating algae
Distillery waste	<i>Chlamydomonas</i> sp., <i>Chloroachis gracillima</i> (Chlorophyceae)
Oil water	<i>Amphora</i> avails (Bacillariophyceae), <i>Trachelomonas</i> sp. (Euglenophyceae)
Hydrogen sulphide wastes	<i>Cymbella Ventricosa</i> , <i>Navicula minima</i> (Bacillariophyceae)
Iron wastes	Chlorophyceae, <i>Surirella linearis</i> (Bacillariophyceae)
Chromium wastes	<i>Tetraspora</i> sp (Chlorophyceae), <i>Navicula atomus</i> (Bacillariophyceae)
Salt brine	<i>Scenedesmus byugatus</i> (Chlorophyceae), <i>Diatom elongatum</i> (Bacillariophyceae)
Copper waste	<i>Symploca erecta</i> (Cynophyceae), <i>Asterionella Formosa</i> (Bacillariophyceae)
Phenoloic waste	<i>Fragilaria virescens</i> , <i>Pinnularia borealis</i> (Bacillariophyceae)

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Source: Raut *et al.*, (2010)

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Table 2: Pollution index of algal genera at different stations of Negapur and Chandapur dams

## Palmer's Pollution Index

S/N	Group/genera	NG	NG	NG	CH	CH	CH
		1	2	3	1	2	3
<b>Chlorophyceae</b>							
	Scendesmus	4	2	5	6	-	2
	Chlorella	3	2	4	3	3	2
	Spirogyra	3	2	2	2	2	2
	Pediatrum	3	2	2	3	2	2
	Ulothrix	2	1	-	2	-	-
	Clostrarium	1	1	1	1	-	1
	Cosmarium	1	1	1	1	-	-
<b>Cynaophyceae</b>							
	Oscillatoria	4	4	-	5	3	4
	Phromodium	2	2	2	2	1	2
	Microcystis	1	-	-	1	-	-
	Anabaena	1	-	-	1	1	1
	Spirulina	1	1	-	1	1	1
<b>Diatoms</b>							
	Nitzschia	3	1	2	3	3	3
	Navicula	1	1	1	1	1	-
	Gamphonema	1	1	-	-	1	-
	Surirella	1	1	1	-	1	-
	Cymbella	2	-	2	2	-	2
	Achinathes	1	1	2	1	1	1
<b>Euglenophyceae</b>							
	Euglena	1	1	-	1	2	1
	Pachus	-	-	-	2	2	2
	Trachelomenas				1	1	1
	<b>Total score</b>	<b>36</b>	<b>24</b>	<b>25</b>	<b>39</b>	<b>25</b>	<b>27</b>

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Source Raut *et al.*, (2010)

Key:

NG= Negapur

CH = Chandapur

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Table 3: Pollution indicator genera/tolerant genera from three stations of Negapur dam and Chandapur dam near Parli in order of decreasing emphasis

Genus	Group	Total Conc.	NG 1	NG2	NG3	CH1	CH2	CH3
Euglena	E	120	+	-	-	+	+	-
Oscillatoria	B	150	+	+	-	+	+	-
Scenedesmus	G	112	+	+	+	+	-	+
Chlorella	G	109	+	+	+	+	+	+
Nitzsechia	D	104	+	-	+	+	-	-
Navicula	D	95	-	-	+	+	-	+
Stigeclonium	G	-	-	-	-	-	-	-
Synedra	D	80	+	+	+	+	+	+
Phacus	E	-	-	-	-	+	+	+
Phormodium	B	75	-	-	+	+	-	+
Melosira	D	-	-	-	-	-	-	-
Gomphonema	D	62	+	-	+	-	-	-
Cyclotella	D	-	-	-	-	-	-	-
Microcystis	B	50	-	-	+	+	-	-
Spirogyra	G	42		+	+	+	+	-
Anabaena	A	40	+	+	+	+	+	+
Pediastrum	G	35	+	+	+	+	+	+
Trachelomonas	E	-	-	-	-	+	-	-
Fragilaria	D	-	-	-	-	-	-	-
Ulothrix	G	-	-	-	+	-	+	-
Surirella	D	30	+	-	-	+	-	-
Lyngbya	B	-	-	-	-	-	-	-
Spirulina	B	29	+	+	+	+	+	+
Cymbella	D	25	+	-	+	+	-	-
Coelastrum	G	24	+	+	+	+	+	+
Cladophora	G	-	-	-	-	-	-	-
Hantzschia	D	-	-	-	-	-	-	-

Achinathes	D	22	-	+	+	+	-	-
Pinnularia	D	-	-	-	-	-	-	-
Cocconeis	D	-	-	-	-	-	-	-
Cosmarium	G	18	+	+	+	+	+	+
Gonium	G	-	-	-	-	-	-	-
Stauroneis	D	-	-	-	-	-	-	-
Crucigenia	B	-	-	-	-	-	-	-

Source Raut *et al.*, (2010)

Key:

NG = Negapur

CH = Chandapur

+ = Increase in organic pollution

- = Decrease inorganic pollution

Table 4: Mean algal attributes and associated indicators commonly used in monitoring programs

Attribute	Indicator
<b>Community structure</b>	
Biomass	Ash-free-dry-weight (AFDW)
	Chlorophyll a
	Autotrophic index (AFDW: Chlorophyll a)
	Cell biovolume
Diversity	Species diversity (diatom)
	Species richness
Composition	Multivariate analysis (diatom)
	Similarity indices (diatom)
<b>Community metabolism</b>	
Net production	Change in biomass
	Relative specific growth rate
Productivity	Oxygen evolution
	Radioisotopic tracer ( $^{14}\text{C}$ )
	Photosynthetic capacity
Bioaccumulation	Nutrients
	Metals
Metabolic state	Adenylate energy charge
Biomolecules	Ribonucleic acid
Enzyme activity	Alkaline phosphatase activity
<b>Population analyses</b>	
Indicator species	pH index
	Pollution tolerance index
	Saprobien index
	Diatom index
	Microalgal spectral analysis

Source: Omar (2010).

### Significance of algae in aquatic ecosystems

1. Diatoms are ubiquitous in both lakes and rivers as well as in other moist conditions. There is sufficient light for photosynthesis even moist soils. Diatoms therefore, can provide bioindication of water conditions (He and Chen, 2014) which are beyond the tolerance of many other biota used for monitoring. Diatoms are also cosmopolitan in distribution. Many diatom taxa have been identified throughout the world (Jafari and Quanaile, 2006; Tapia, 2008). Similarly, diatoms are sensitive to and appear to have a consistent tolerance of a wide range of environmental parameters such as light, moisture, current velocity, pH, salinity, oxygen and inorganic and organic nutrients (Belore *et al.*, 2002). Diatoms also appear in large numbers and often show considerable species richness. These characteristic features make them to stand out as effective bioindicators of aquatic ecosystems (Almeida, 2001).
2. The chlorophytes which are the green algae are responsible for most of the primary productivity of near shore ecosystems (Kumar *et al.*, 2008). The polysaccharides of cell wall of this group of algae provide amino, carboxyl, phosphate and sulphate groups for metal binding and in addition, They all have ion exchange properties. Their use in biomonitoring is based on the fact that they most green algae have the capacity to reflect the concentrations of metal in the ambient seawater.
3. Some species of the cyanophyta have been implicated in biomonitoring studies (Olawton and Cooke, 1994). It is opined that their ability to store toxins make them significant agent in remediation studies.
4. Periphyton are one of the most important algae associated with substrates in aquatic ecosystems (Hill *et al.*, 2000). Their use as tool for biological monitoring has also been reported by Omar (2010). Periphyton show high diversity and are major component in energy flow and nutrient cycling in aquatic systems. They are sensitive to many environmental conditions which can be detected by changes in species composition, cell density, ash free, dry mass, chlorophyll and enzyme activity hence can be used as indicators

of ecological systems (Omar, 2010). Their advantages include fixed habitats hence cannot avoid pollution, ability to speedily recolonize habitats after disturbances in water. Additionally, the ease of sample, preparation for analysis for wide spread and common taxa make them to be effective and easy bioindicator agents.

5. Other algae employed for bionindication studies are the dinoflagellates. These algae have hair-like projection used for locomotion. They are responsible for the toxic red tides that are quite frequent along sections of the North American coast (Chakraborty and Bhattacharya, 2014).

### **Approaches for biomonitoring of aquatic systems using algae**

1. Species concept approach (Saprobium system – This approach is common in municipal and waste water monitoring and differentiates between clean streams and polluted waters. Here the periphytic algal species composition is calculated. Chemical stresses in aquatic systems help to modify the taxonomic composition of the algal population using a reduction of sensitive species and an increase in the number of tolerant species (Vashishta *et al.*, 2008).
2. Hierarchical framework approach – This approach involves the development of the periphyton indices of aquatic ecosystems. Here, the composite calculation of biotic integrity, ecological sustainability and trophic condition is done (Mahadev and Hassarnani, 2005).
3. Algae indices of community structure. This refers to the algal community structure in terms of similarity, richness, diversity or evenness. This approach stems from the general assumption that healthy environment is characterised by a greater diversity of organisms when compared with degraded environments. Opinion is however divided as to the exact relationship between diversity of organisms and the environmental quality as more other complexity may be involved than ever imagined. Omar (2010) stated that to accurately estimate the water quality using species diversity, it is necessary to precisely define the species that comprise the community and to have a thorough knowledge of their autecology (Priyadarshani *et al.*, 2011).
4. Multivariate analysis- this approach is based on the correlation of organism assemblage (especially diatoms) with environmental data. It is viewed that the methods which compare the distribution patterns of diatom communities in the rivers with physio-chemical

parameters allow for the analysis of the relationship between biota and abiotic variables (Olowton and Cook, 1994).

5. Non-taxonomic measure of algae- This approach notes that chlorophyll and other photosynthetic pigments and biochemical components such as ATP and DNA can be used to detect effects not implicated by taxonomic analysis for example, periphyton algae, fatty acid biomarkers showed differences in the taxonomic composition of periphyton between reference and polluted sites. This approach views that chlorophyll as an integral part of ecological studies, both as a productivity indicator or index of the photosynthetic potential and as an indicator of nutrient stress or community conditions. Although these methods can be employed and detailed information on algae as bioindicators of water quality.

#### **Disadvantages of algae as bioindicator organisms**

- They affect the taste and smell of water (Tapia, 2008).
- They could block sunshine stemming from algal bloom
- Reduction of water front properties
- Could be influenced by other factors apart from stress
- The functionality is habitat- dependent and scale dependent
- Some algae can release some toxic substances. Algal bloom could constitute environmental hazards that impair water quality of water bodies. Care should however be taken on the choice of algae to be used as biomonitors (Hill *et al.*, 2000).
- Measurements obtained may not be generalizable owing to the perturbations in water bodies. Besides, no one group of organisms is always best suited for detecting and assessing the anthropogenic stress associated with man and his activities hence it is recommended that indicators derived from several groups of organisms should be included in water quality monitoring programmes to provide a more comprehensive signal of an alterations in ecosystem.
- Limited use of such species is expected in the actual investigators due to some of their biological features.
- Their small size makes it difficult for isolation work

- The complexity of phytoplankton communities makes the monitoring data serious for the actual evaluation.
- Algae may be influenced by factors other than stress and disturbance

### **Conclusion**

The study has established that algae can be used as biological indicators of pollution management studies. The groups of algae used include the diatoms, green algae, blue-green algae, peryphyton and the dinoflagellates. Among the advantages of using algae in biomonitoring are short life cycles, rapid reproduction, ease of sampling, cost effectiveness, their wide distribution, occurrence in large numbers, ease of culturing in the laboratory and status of biological community. Their use as biomonitor should be employed with caution as they may be influenced by other factors other than stress and disturbance.

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