

Original Research Article

Evaluation of Elemental and Volatile Compounds of Three Selected Plants of Genus Hibiscus

ABSTRACT

Aims: The present study aims to evaluate the minerals, bioactive compounds 3 selected Hibiscus Genus i.e. *Hibiscus sabdariffa* L, *Hibiscus cannabinus* L and *Hibiscus acetosella* Welw.

Place and Duration of Study: The selected plants were collected during May to October 2018 from Imphal (24°37'N and 93°39'E) Manipur North Eastern State of India, which lies 2590 feet above sea level, and study were carried out in Genetics Laboratory, Department of Life Sciences, Manipur University.

Methodology: The minerals composition and bioactive compounds were evaluated by using Graphite Flame Atomic Absorption Spectrometer (GF-AAS) method and Gas Chromatography-Mass Spectrometry (GCMS), respectively.

Results: The elemental analysis shows the presence of Calcium, Magnesium, Iron, Zinc, Copper, Sodium, Potassium, Selenium, Chromium, Cobalt. By using the GC-MS method, the compounds are identified with Retention time (RT) and area percentage. The 2 compounds are identified for methanol extract and 4 compounds for chloroform extract of *Hibiscus sabdariffa* L. For *Hibiscus cannabinus* L., three compounds are identified for methanol extract and 4 compounds for chloroform extract and for *Hibiscus acetosella* Welw. 11 compounds for methanol extract and 3 compounds for chloroform extract.

Conclusion: Minerals and bioactive compounds were revealed, which protects related renal disorders, which needed to study the pharmacological activity for further evaluation.

Keywords: GF-AAS, Hibiscus, GCMS, minerals

1. INTRODUCTION

Medicinal plants have been used for treating various diseases and other beneficial purposes from ancient times. Natural products play an important role in treating various diseases by acting as a source of the drug discovery process. Investigation of elements and bioactive compounds composition of every medicinal plant is very much needed as its deficiency or excess may affect human health. People believe that natural medicines are much safer than synthetic drugs, have led to exceptional growth in the usage of plants and plant products as traditional or folk medicine in primary health care.

Hibiscus cannabinus L, *Hibiscus acetosella* Welw and *Hibiscus sabdariffa* L. plants belong to Malvaceae. In the Malvaceae family, the Hibiscus genus is the largest consisting of 300 species approximately [1]. In the North-Eastern Region of India, mainly Manipur above plants used in making soup in summer and consumed as medicinal plants for urolithiasis problems. Aqueous extract of *H. sabdariffa* L. using calyces' part effectively prevented the development of urolithiasis in male albino rats and has antimicrobial and antioxidant, anti-urolithiasis activity [2] anticancer [3] H.

cannabinus has free radical scavenging activity and antibacterial [4,5] and haematinic properties [6] and inhibits smooth muscle cell migration and calcification in rabbits' blood vessels, inhibiting the development of atherosclerosis [7]. The edible oil of *H. cannabinus* seeds extracts has high antioxidant activity. It contains alpha-linolenic acid, as essential omega-3-fatty acid, which has anti-inflammatory and anti-thrombotic properties [8].

H. acetosella Welw. used to treat pile patients [9] and have potential acts as an antigenotoxicity and antimutagenicity in mice induced by alkylating agents [1] and also antioxidant and anti-inflammatory activity [10], anti-anaemia, antipyretic properties [11]. Selected plants are traditionally used for anti-urolithiasis problems in the region above, mainly *H. sabdariffa* L. Therefore, the present study aims to compare the composition of minerals and volatile bioactive compounds.

2. MATERIAL AND METHODS

2.1. Sample collection

The leaves of the selected plants were collected during May to October from Imphal (24°37'N and 93°39'E) Manipur North Eastern State of India which lies 2590 feet above sea level. The leaves were washed thoroughly with tap water and rinsed with distilled water and kept for 72 hrs for shade dried. Identification of *H. cannabinus* L., and *H. sabdariffa* L. was done at Botanical Survey of India, Shillong, Meghalaya *H. acetosella* Welw. was identify at Department of Life Sciences (Botany), Manipur University, Canchipur, Manipur, India.

2.2. Elemental analysis,

The dried leaves were ground into fine powdered by using mortar and pestle. The powdered sample(0.5gm) was digested in Teflon digestion vessel using HNO_3 and volume was made up to 50ml with double distilled water and analysed by using GF-AAS.

2.3. GC-MS analysis,

The dried leaves (150 gm) were extracted by using Soxhlet extractor with methanol and chloroform. The extract was vacuum dried by using rotary vacuum evaporator. Analysis was performed by using GC-MS Perkin Elmer (USA) in Guwahati Biotech Park inside IIT Guwahati campus and the GC-MS model were Clarus 680GC and Clarus 600MS. The capillary column(60.0m \times 250 μ m) was used and initial temperature was maintained at 70°C for 3min, ramp 6°C/min to 200°C and hold 3min, ramp 6°C/min to 300°C hold 10min. The injection temperature was maintained at 280°C. Helium was used as carrier Gas and ratio of 10:1 was used as split injection and solvent delay was 9 min. The transfer and source temperature were maintained at 200°C and 180°C respectively. The mass spectral scan range was at the rate of 40 to 600Da. The compounds were matched with the compounds listed in National institute of Standards and Technology (NIST) library.

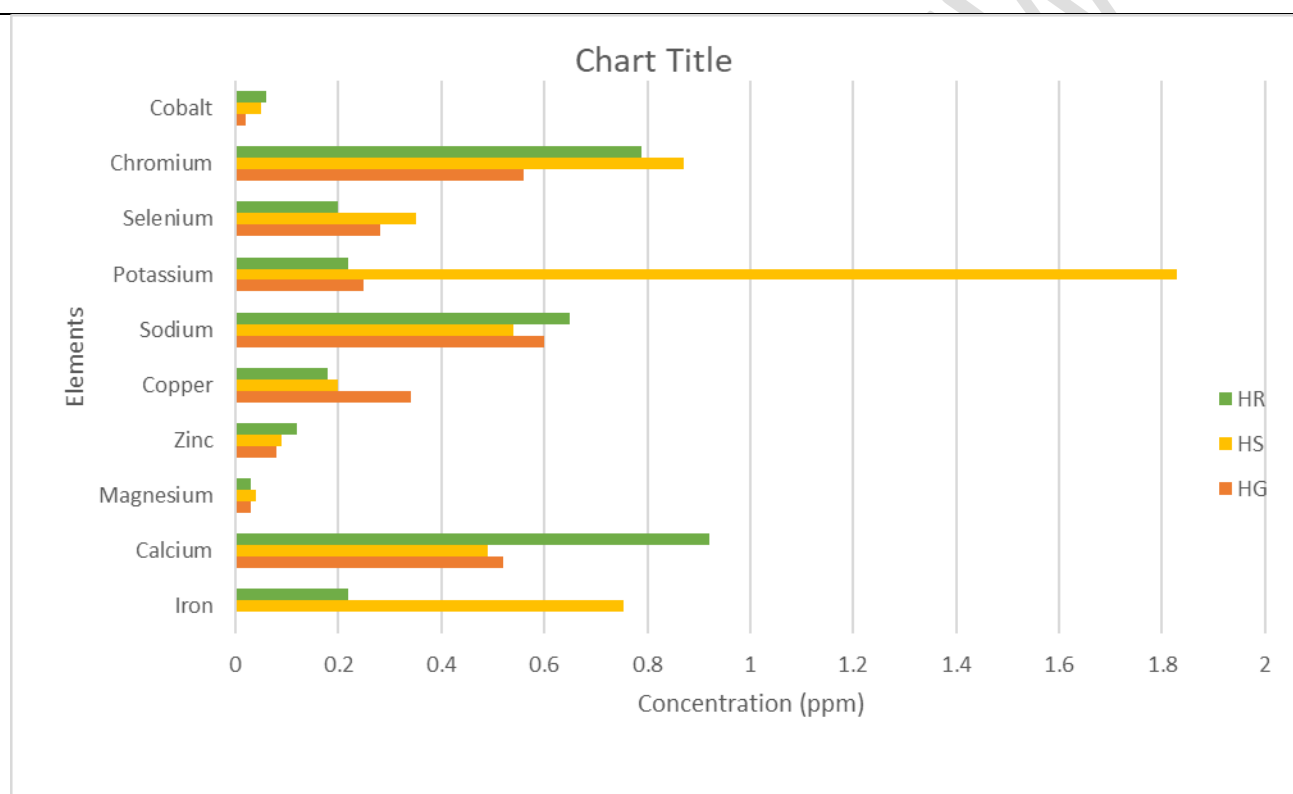
3. RESULTS AND DISCUSSION

3.1. Elemental analysis:

To balance healthy body elements, micro or macronutrients play an essential role as people consume in diet or medicine to live healthy. Mineral's deficiency causes diseases and disorders in humankind. Iron, Calcium, Magnesium, Zinc, Copper, Sodium, Potassium, Selenium, Chromium, Cobalt were revealed in *H. cannabinus* L., *H. acetosella* Welw and *H. sabdariffa* L. Iron (1.23 ± 0.27), Potassium (1.83 ± 0.013), Magnesium (0.04 ± 0.009), Selenium (0.35 ± 0.002), Chromium (0.87 ± 0.050) were found highest concentration(ppm) in *H. sabdariffa* L. Calcium (0.92 ± 0.011), Zinc (0.12 ± 0.002), Sodium (0.65 ± 0.082), Cobalt (0.06 ± 0.001) were found highest concentration(ppm) in *H. acetosella* Welw and Copper (0.34 ± 0.001) were found highest in *H. cannabinus* L. As reported, Iron, Calcium, Magnesium, Zinc, Copper, Sodium, Potassium, Phosphorous was found in *H. sabdariffa* L [12,13]. In previous study, it has been reported that Calcium, Potassium, Iron, Zinc, Phosphorous was found in *H. cannabinus* L [13]. Graphical representation analysis of the elemental composition of *H. cannabinus* L, *H. acetosella* Welw and *H. sabdariffa* L. are below in [Figure 1]. Calcium is an essential component for bone, deficiency increase with at-risk populations [13]. Increased potassium intake is associated with a lower incidence of urolithiasis, and Magnesium is an inhibitor of calcium oxalate and calcium

phosphate [14]. It has been reported that Magnesium and Calcium combination supplement avoids the rise of kidney stone formation [15]. Zinc plays a role in cell proliferation, differentiation, and metabolism [16] and Zinc deficiency or low intake may increase the risk of chronic kidney disease [17]. Prolonged copper deficiency during active growth stages leads to anaemia, growth retardation, defective keratinization and pigmentation of hair, hypothermia, and mental retardation changes in the skeletal system [16]. Sodium maintains normal cellular homeostasis and regulates fluid and electrolyte balance and blood pressure [18]. Selenium plays a vital role as an antioxidant in human health and protects the thyroid from oxidative damage [19]. Chromium helps in the biosynthesis of glucose tolerance factors, and Cobalt deficiency produces cardiomyopathy, congestive cardiac failure, pericardial effusion, polycythemia and thyroid enlargement. The deficiency of iron causes anaemia [20].

FIGURE 1 Analysis of elemental composition of *Hibiscus cannabinus* L, *Hibiscus acetosella* Welw and *Hibiscus sabdariffa* L.



HR- *Hibiscus acetosella* Welw, HG- *Hibiscus cannabinus* L, HS- *Hibiscus sabdariffa* L,

3.2. GC-MS analysis:

In GC-MS analysis two solvent are used viz chloroform and methanol for extraction and identified high peaks by NIST library search. *H. cannabinus* L chloroform fraction extract revealed the presence of Carbazic acid, 3-(1-propylbutylidene)-, ethyl ester (5.622), Hexadecanoic acid, ethyl ester (2.342), (E)-9-octadecenoic acid ethyl ester (2.924), Heptacosane (2.807), and heptacosane and and methanol fraction of *H. cannabinus* L revealed the presence of Octasiloxane,1,1,3,3,5,5,7,7,9,9,11,11,13, 13,15,15, -hexadecamethyl (0.761), Heptasiloxane (0.423), Hexasiloxane (0.460). Chloroform fraction of *H. sabdariffa* L revealed the presence of Phytol (2.222), (+)-. Alpha. -Tocopherol Acetate (3.173) and methanol fraction of *H. sabdariffa* L revealed the presence of Phenol, 3,5-Bis(1,1-Dimethylethyl) (2.556), Hexasiloxane,1,1,3,3,5,5,7,7,9,9,11,11-

Dodecamethyl (2.033), Octasiloxane,1,1,3,3,5,5,7, 7,9, 9,11, 11,13 ,13,15, 15-Hexadecamethyl (3.347), (+)-Alpha-Tocopherol acetate (7.952).

Chloroform fraction of *H. acetosella* Welw revealed the presence of Alpha-Amyrin (2.430), Lupan-3-Ol (1.539), octadecane,9-ethyl-9-heptyl (1.861) and methanol fraction of *H. acetosella* Welw revealed the presence of Pentadecanoic acid, 14-methyl, methyl ester (2.960), 9,12,15-octadecatrienoic acid, methyl ester (z,z,z) (2.557), Docosanoic acid (3.271), 3-beta-myristoylolean-12-en-16.beta-ol (2.852),1-naphthalenepropanol, alpha-ethyldecahydro-5-(Hydroxymethyl) (2.396), Lupeol (3.647), Squalene (5.167), Isolatedene (6.444), Tau-cadinol (8.632), Beta-Guaiene (2.310), 9-Octadecenoic acid(Z)-,9-octadecenyl ester,Z (2.245),

It has been reported that Lupeol has protection effect in the injury of renal associated with hypercholesterolemia and minimizes the formation of kidney stones in the urolithiatic animals [21,22] and there is no toxicity in rats and induces immunity and protects against visceral leishmaniasis [23,24]. *H. acetosella* Welw content of polyphenols, coumarins and flavonoids [25] and *H. sabdariffa* L. calyces content the flavonoids, gossypetine, hibiscetine and sabdaretine, alpha-tocopherol as it rich in anthocyanins and protocatechuic acid as reported [26]. As reported, Hexadecanoic acid has anti-inflammatory and Lupan-3-ol has anti-microbial, anti-inflammatory and antitumor bioactivities [27].

Phytol belongs to diterpene has diuretic properties and possess antimicrobial and antioxidant [28,29]. Alpha-tocopherol acetate is fat soluble compound and has significant reduction of hydrophobicity of *E. coli* and antioxidant properties also. Alpha amyirin acts as a growth inhibitor of *Straptococcus* in oral cavity [30]. Squalene has inhibitory effect on carcinogenesis in animal models [31] and anticancer, antioxidant, detoxifier activities have been reported [32]

TABLE 1 Compounds Identified Of HG-C, HG-M, HS-C, HS-M, HR-C, HR-M with retention time (RT), area percentage, molecular formula and molecular weight.

	AREA	Compounds	RT	Molecular formula	Molecular weight
HG-CHL	5.622	Carbazic acid, 3-(1-propylbutylidene)-, ethyl ester	9.018	C ₁₀ H ₂₀ N ₂ O ₂	200.28 g/mol
	2.924	(E)-9-octadecenoic acid ethyl ester	37.039	C ₂₀ H ₃₈ O ₂	310.5145
	2.807	Heptacosane	46.708	C ₂₇ H ₅₆	380.7 g/mol
	2.342	Hexadecanoic acid, ethyl ester	33.543	C ₁₈ H ₃₆ O ₂	284.5 g/mol
HG-MET	0.761	Octasiloxane,1,1,3,3,5,5,7,7,9,9,11,11,13,13,15,15, -hexadecamethyl	43.377	C ₁₆ H ₄₈ O ₇ Si ₈	577.2 g/mol
	0.460	Hexasiloxane	51.240	C ₁₂ H ₃₈ O ₅ Si ₆	430.94 g/mol
	0.423	Heptasiloxane	51.125	C ₁₆ H ₄₈ O ₆ Si ₇	533.1472
HS-CHL	3.173	(+)-. Alpha. -Tocopherol Acetate	51.106	C ₃₁ H ₅₂ O ₃	472.7 g/mol
	2.222	Phytol	35.644	C ₂₀ H ₄₀ O	296.5 g/mol
	1.561	DI-Alpha. -Tocopherol	50.190	C ₂₉ H ₅₀ O ₂	430.7 g/mol
HS-MET	7.952	(+)-Alpha-Tocopherol acetate	50.995	C ₃₁ H ₅₂ O ₃	472.7 g/mol
	3.347	Octasiloxane,1,1,3,3,5,5,7,7,9,9,11,11,13,13,15,15-Hexadecamethyl	49.644	C ₁₆ H ₄₈ O ₇ Si ₈	577.2 g/mol
	2.556	Phenol,3,5-Bis(1,1-Dimethylethyl)	42.167	C ₁₄ H ₂₂ O	206.32 g/mol
	2.033	Hexasiloxane, 1,1,3,3,5,5,7,7,9,9,11,11-Dodecamethyl	49.259	C ₁₂ H ₃₆ O ₅ Si ₆	428.92 g/mol
HR-CHL	2.430	Alpha-Amyrin	43.397	C ₃₀ H ₅₀ O	426.7 g/mol
	1.861	Octadecane,9-ethyl-9-heptyl	50.140	C ₂₇ H ₅₆	380.7 g/mol
	1.539	Lupan-3-Ol	45.713	C ₃₀ H ₅₂ O	428.7 g/mol
HR-MET	8.632	Tau-cadinol	47.123	C ₁₅ H ₂₆ O	22.37 g/mol
	6.444	Isolatedene	46.853	C ₁₅ H ₂₄	222.37 g/mol
	5.167	Squalene	45.707	C ₃₀ H ₅₀	410.7 g/mol
	3.647	Lupeol	45.447	C ₃₀ H ₅₀ O	426.7 g/mol
	3.271	Docosanoic acid	41.991	C ₂₂ H ₄₄ O ₂	340.6 g/mol

2.960	Pentadecanoic acid, 14-methyl, methyl ester	31.982	C ₁₇ H ₃₄ O ₂	270.4507
2.852	3-beta-myristoylolean-12-en-16. beta-ol	44.042	C ₄₄ H ₇₆ O ₃	653.1 g/mol
2.557	9,12,15-octadecatrienoic acid, methyl ester (Z,Z,Z)	35.423	C ₁₉ H ₃₂ O ₂	292.5 g/mol
2.396	1-naphthalenepropanol, alpha-ethyldecahydro-5-(Hydroxymethyl)	44.967	C ₂₀ H ₃₆ O ₂	308.5 g/mol
2.310	Beta-Guaiene	47.888	C ₁₅ H ₂₄	204.35 g/mol
2.245	9-Octadecenoic acid(Z)-,9-octadecenyl ester,Z	50.524	C ₃₈ H ₇₂ O ₃	577 g/mol

HR- *Hibiscus acetosolla* Welw, HG- *Hibiscus cannabinus* L, HS- *Hibiscus sabdariffa* L, M-methanol, C- chloroform

4. CONCLUSION

This study revealed that the three selected Hibiscus genus i.e *Hibiscus acetosolla* Welw, *Hibiscus cannabinus* L, *Hibiscus sabdariffa* L, contain significant amount of minerals which plays important role in human. These plants were used for mainly renal related problems traditionally, so bioactive compounds Lupeol which have protective effect and minimizes the deposition composition of kidney stones in the renal were report in *Hibiscus acetosolla* Welw in this study. Phytol, Alpha amyrrin, Alpha-tocopherol acetate which have antibacterial activities were also report in this study. Thus, this study clearly shows the presence of some useful minerals and bioactive compounds which has a potential for treating the diseases and deficiency. So, it much needed to study on the pharmacological activity mainly antiurolithiasis for further evaluation.

Reference

1. Thais C Vilela, Daniela D Leffa, Adriani P Damiani, Daiane Dal Col Damazio, Aline V Manenti, Tiago José G Carvalho, Fernanda Ramlov, Patricia A Amaral, Vanessa M DE Andrade Hibiscus acetosella extract protects against alkylating agent-induced DNA damage in mice. An Acad Bras Cienc Jul-Sep 2018;90(3):3165-3174.2018; 90:3165–74. PMID: 30304243 DOI: 10.1590/0001-3765201820180144.
2. Laikangbam R, Damayanti Devi M. Inhibition of calcium oxalate crystal deposition on kidneys of urolithiatic rats by Hibiscus sabdariffa L. extract. Urol Res. 2012 Jun;40(3):211-8. doi: 10.1007/s00240-011-0433-3. Epub 2011 Nov 5. PMID: 22057204.
3. Olaleye, M.T. Cytotoxicity and Antibacterial Activity of Methanolic Extract of Hibiscus sabdariffa. Journal of Medicinal Plants Research, 2007 1(1), 009-013.
4. Vinay R. Patel, Prakash R. Patel and Sushil S. Kajal, Antioxidant Activity of Some Selected Medicinal Plants in Western Region of India, Advan. Biol. Res., 4 (1): 23-26, 2010.
5. D Subi, S Renuka devi, V Manivasagan, M Krishnaraj, N G Ramesh Babu, Comparative study of phytochemical antibacterial activity, antifungal and antioxidant activity Hibiscus cannabinus using various solvents, International Journal of Advanced Research (2015), Volume 3, Issue 8, 517-522.
6. Gabriel A. Agbor, Julius E. Oben, Jeanne Y. Ngogang. "Haematinic activity of Hibiscus Cannabinus." African Journal of Biotechnology 4.8 (2005): 833-837. <https://doi.org/10.5897/AJB2005.000-3166>, <https://academicjournals.org/journal/AJB/article-abstract/75CC0571084>.
7. Chen CC, Hsu JD, Wang SF, Chiang HC, Yang MY, Kao ES, Ho YC, Wang CJ. Hibiscus sabdariffa extract inhibits the development of atherosclerosis in cholesterol-fed rabbits. J Agric Food Chem. 2003 Aug 27;51(18):5472-7. doi: 10.1021/jf030065w. PMID: 12926900.
8. Ibrahim G, Karim R, Saari N, Zunairah W, Abdullah W, Zawawi N, et al. Potential Food Applications: A Review. 2019; 84:2015–23. Dietary Fiber: Fractionation, Characterization and Potential Sources from Defatted Oilseeds, 2021 Foods 10(4):754, DOI:10.3390/foods10040754.

9. Borokini T.I, Ighere D.A, Clement M, Ajiboye T.O, Alowonle A A Ethnobiological Survey of Traditional Medicine Practice for The Treatment of Piles and Diabetes Mellitus in Oyo State Journal of Medicinal Plants Studies Year: 2013, Volume: 1, Issue: 5 First page: (30) Last page: (40) ISSN: 2320-3862 Online Available at www.plantsjournal.com.
10. Paulin Mutwale Kapepula, Nadege Kabamba Ngombe, Pascal Tshisekedi Tshibangu, César Tsumbu, Thierry Franck, Ange Mouithys-Mickalad, Dieudonné Mumba, Désiré Tshala-Katumbay, Didier Serteyn, Monique Tits, Luc Angenot, Pascal Dibungi T. Kalenda & Michel Frédéric (2017) Comparison of metabolic profiles and bioactivities of the leaves of three edible Congolese Hibiscus species, Natural Product Research, 31:24, 2885-2892, <https://doi.org/10.1080/14786419.2017.1305382>.
11. Zannou O, Koca I, Author C. Aroma and Bioactive Compounds of Some Medicinal Plants' Leaves Used as Traditional Tea in Benin Republic. Turkish Journal of Scientific Reviews 2019;12(1):16–25.
12. Min Zhang, Navam S Hettiarachchy, Ronny Horax, Arvind Kannan, Apputhury Praisood M. D, Arumugam Muhundan, and Chandrasekhara Reddy Mallangi, Phytochemicals, antioxidant and antimicrobial activity of Hibiscus sabdariffa, Centella asiatica, Moringa oleifera and Murraya koenigii leaves J. Med. Plants Res. Journal of Medicinal Plants Research 2011, Vol. 5(30), pp. 6672-6680, DOI: 10.5897/JMPR11.621.
13. Imohiosen Ojeaga, Samaila Danladi, Elisha Akuki, Comparative Analysis for Nutritional Composition of Selected Leafy Vegetable Species of the Family (Malvaceae) in Bali, Taraba State, Nigeria, International Journal of Innovative Science and Research Technology, 2021, Volume 6, Issue 4.
14. Judith A. Beto (2015), The Role of Calcium in Human Aging, Clin Nutr Res, 4:1-8. Beto JA. The role of calcium in human aging. Clin Nutr Res. 2015 Jan;4(1):1-8. doi: 10.7762/cnr.2015.4.1.1. Epub 2015 Jan 16. PMID: 25713787; PMCID: PMC4337919.
15. Agarwal, Mayank Mohan et al. "Preventive fluid and dietary therapy for urolithiasis: An appraisal of strength, controversies and lacunae of current literature." Indian journal of urology: IJU: journal of the Urological Society of India vol. 27,3 (2011): 310-9. doi:10.4103/0970-1591.85423.
16. Ivo Laranjinha, Patricia Matias, Jorge Dickson, Magnesium supplementation to prevent recurrence of renal stones, Port J Nephrol Hypert 2019; 33(4): 232-237.
17. Prashanth L, Kattapagari KK, Chitturi RT, Baddam VR, Prasad LK. A review on role of essential trace elements in health and disease. J NTR Univ Health Sci [serial online] 2015 [cited 2022 Feb 9]; 4:75-85. Available from: <https://www.jdntruhs.org/text.asp?2015/4/2/75/158577>.
18. Young Su Joo, Hyung Woo Kim, Sangmi Lee, Ki Heon Nam, Hae-Ryong Yun, Jong Hyun Jhee, Seung Hyeok Han et al, Dietary zinc intake and incident chronic kidney disease, Clinical Nutrition 40 (2021) 1039-1045.
19. Strazzullo, Pasquale, and Catherine Leclercq. "Sodium." Advances in nutrition (Bethesda, Md.) vol. 5,2 188-90. 1 Mar. 2014, doi:10.3945/an.113.005215.
20. Tinggi, Ujang. "Selenium: its role as antioxidant in human health." Environmental health and preventive medicine vol. 13,2 (2008): 102-8. doi:10.1007/s12199-007-0019-4.
21. Siddique HR, Saleem M. Beneficial health effects of lupeol triterpene: a review of preclinical studies. Life Sci. 2011 Feb 14;88(7-8):285-93. doi: 10.1016/j.lfs.2010.11.020. Epub 2010 Nov 29. PMID: 21118697.
22. Saleem M. Lupeol, a novel anti-inflammatory and anti-cancer dietary triterpene. Cancer Lett. 2009 Nov 28;285(2):109-15. doi: 10.1016/j.canlet.2009.04.033. Epub 2009 May 22. PMID: 19464787; PMCID: PMC2764818.
23. Malini MM, Baskar R, Varalakshmi P. Effect of lupeol, a pentacyclic triterpene, on urinary enzymes in hyperoxaluric rats. Jpn J Med Sci Biol. 1995 Oct-Dec;48(5-6):211-20. doi: 10.7883/yoken1952.48.211. PMID: 8718554.
24. Rodrigo Miranda Moraes, Fernanda Carlota Nery, Mayara Caroline Carvalho Pinto, Renato Paiva, Diogo Pedrosa Corrêa da Silva, Patrícia Duarte de Oliveira Paiva, Sandro Barbosa, Conservation of Hibiscus acetosella germplasm by seed cryopreservation, AJCS 13(03):372-379 (2019), doi: 10.21475/ajcs.19.13.03. p1209.

25. Kaur, G., Chauhan, K., & Kaur, S. Lupeol induces immunity and protective efficacy in a murine model against visceral leishmaniasis. *Parasitology*, 2019). 146(11), 1440-1450. doi:10.1017/S0031182019000659.
26. Bahaelden Babiker Mohamed, Abdelatif Ahmed Sulaiman, Abdelhafiz Adam Dahab, Roselle (Hibiscus sabdariffa L.) in Sudan, Cultivation and their uses, *Bull. Environ. Pharmacol. Life Sci.*; Volume 1 [6] May 2012: 48 – 54.
27. Sunita Arora and Ganesh Kumar. Phytochemical screening of root, stem and leaves of *Cenchrus biflorus* Roxb. *J Pharmacogn Phytochem* 2018;7(1):1445-1450.
28. P Yamuna, P Abirami, P Vijayashalini and M Sharmila, GC-MS analysis of bioactive compounds in the entire plant parts of ethanolic extract of *Gomphrena decumbens* Jacq, *Journal of Medicinal Plants Studies* 2017; 5(3): 31-37.
29. Mallappa Kumara Swamy, Greetha Arumugam, Ravinder Kaur, Ali Ghasemzadeh, Mazina Mohd. Yusoff, Uma Rani Sinniah, "GC-MS Based Metabolite Profiling, Antioxidant and Antimicrobial Properties of Different Solvent Extracts of Malaysian *Plectranthus amboinicus* Leaves", *Evidence-Based Complementary and Alternative Medicine*, vol. 2017, Article ID 1517683, 10 pages, 2017. <https://doi.org/10.1155/2017/1517683>.
30. Abu-Lafi, Saleh et al. "Phytochemical Composition and Biological Activities of Wild *Scolymus maculatus* L." *Medicines* (Basel, Switzerland) vol. 6,2 53. 30 Apr. 2019, doi:10.3390/medicines6020053.
31. Theresa J Smith (2000) Squalene: potential chemopreventive agent, *Expert Opinion on Investigational Drugs*, 9:8, 1841-1848, <https://doi.org/10.1517/13543784.9.8.1841>.
32. Se-Kwon Kim, Faith Karadeniz, Biological importance and applications of squalene and squalene, *Adv Food Nutr Res.*2012;65:223-33. doi: 10.1016/B978-0-12-416003-3.00014-7. PMID: 22361190.