

Review Form 1.6

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_86466
Title of the Manuscript:	The Short-term Effect of Aerobics on Depressive Symptoms toward Healthy People
Type of the Article	Short communication

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajmah.com/index.php/AJMAH/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments		
Minor REVISION comments		
Optional/General comments	<p>In my opinion the entitled "The Short-term Effect of Aerobics on Depressive Symptoms toward Healthy People" discovers some beneficial and positive effects of aerobics to reduce the severity of depressive symptoms, although temporarily. It is an empirical attempt with a very small sample of represents.</p> <p>However, a very honest effort has been taken to highlight the efficacy of aerobic exercise in diminishing the negative energy.</p> <p>Therefore, I recommend to publish the article without any modification or change.</p> <p>As far as plagiarism is concerned, so far I have no software available to detect whether the article has plagiarized or not.</p>	Revised

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<p>(If yes, Kindly please write down the ethical issues here in details)</p> <p>I think the article contains no issues that violates the ethics of research as mentioned in ethics of research.</p>	