

Review Form 1.6

Journal Name:	Advances in Research
Manuscript Number:	Ms_AIR_84156
Title of the Manuscript:	Dietary habits and physical exercise among nursing students in Riyadh, Saudi Arabia
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalair.com/index.php/AIR/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	Abstract incomplete where sample, setting(missed)	In 2018, this cross-sectional descriptive study was conducted at a single college with a convenience sample of 104 level-4—or second year—undergraduate nursing students. Sample: It was stated that a convenience sample of 104 students included The settings: single college (I added Riyadh, Saudi Arabia)
Minor REVISION comments		
Optional/General comments	The references must be recent The most of references old Where significance of the problem Good discussion	Agree and working on updated the list of references with updated one Significance of the problem: it was stated in the discussion section. Over the last three decades, the prevalence rates of overweight and obesity have increased in many Arab and European countries [12]. The present study indicated that more than one-third of the participants were overweight and obese, while only half had normal body weight. Al-Isa's findings [13], which showed a high prevalence of overweight and obesity in Kuwait University students, were consistent with the present results. The results of a study conducted in the United Arab Emirates were also consistent, with a 35.7% prevalence of obesity among university students [14].

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	