

# Impact Of Football Betting On Study Habit Of Senior Secondary School Students In Enugu State, Nigeria

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## ABSTRACT

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The study aims at examining the impact of football betting on study habit among senior secondary school students in Enugu state. The essence for the study came as a result of decline in education sector due to poor study habit among secondary school students in Enugu State. The study was guided by three research questions. The study adopted qualitative and quantitative methods of data collection. From the population of 6,565 senior secondary school students in the 10 senior secondary schools in Enugu East Senatorial Zone of Enugu State, the sample of 180 students were selected through simple random sampling technique. The instrument used for data collection was a close-ended questionnaire with 15 items developed from four research questions. Data collected were analyzed using mean and standard deviation on SPSS version 26. Five recommendations were made among which is that Nigeria Lottery Commission should enforce and regulate strict monitoring towards the establishment of betting centers in correspondence to the laws stipulated.

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*Key words: Football, Betting, Gambling and Study habit.*

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## 1. INTRODUCTION

Football betting has pushed the future of education in Nigeria to a bleak. The increase in betting houses reduces nearby high schools educational performance [1] (Espadafor & Martinex, 2021). The growing of football betting industry has turned into a source of pain for some families, with adolescents engaging in maladaptive behaviour such as suicidal acts, truancy, mental health struggles and family's separation [2] (Nwadiwe, 2017). Students, through football betting, develop habits of persistently borrowing money from friends and relatives and when financially incapacitated, they can miss their exams or dropping out from school [3] (Koross, 2016).

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Football betting has recently gained popularity and become the most promising gambling business among the youth, especially when it comes to betting on international football such as the English Premier League, Spanish Laliga, German Bundesliga and Italian Seria A [4] (Koross, 2016). Undoubtedly, online betting companies have targeted football in an industrialized way, making way for sponsorship of advertisement and revenue creation, yet online betting reduces the productivity and health of people through financial precarity.

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In Enugu State, football betting is gradually becoming an obvious menace culminating into the disruption of education system in all ramifications and affecting mostly students. Senior secondary students have been identified as a group that is predisposed to online football betting [5] (Wood, Griffiths & Parle, 2007). Incontrovertly, this has affected the education sector to the extent that some students bet on a daily basis and engage in betting discussions in the classroom.

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Thus, this may disrupt and hinder the smooth sail of their academic performances through mental distortion and fantasies.

However, many students have increased freedom between 18 and 24 years when problems and interests in football betting are at its peak. The height of the predicament is the rapid increase in the number of sporting betting sites in Nigeria such as Perimatch, 1XBet, Betway, Konfambet, Bet 365, Betwinner, Bet9ja, NairaBet, Melbet, 888sport, Betbonanza, and Betfair, among others.

In the words of John [1](2018), football betting has become a trending issue among students all over the major cities of Nigeria, with each corner of the street having a betting centre. These centres are usually filled up with students that preoccupy their minds with illusions, anticipating the winner through arguments, noise and bet. Mostly, they engage in these activities because they think they can avert poverty through betting. These days, football betting is very popular among secondary school students in Enugu State, Nigeria to the extent that they discuss and monitor matches via mobile phones when classes are going on. In Nigeria, incidence of unregulated gambling among adolescent has considerably risen between 1977 and 1993 [1]. (Lungu, 2020).

Marverick [1](2015) show that 70% of Nigerian students are football betters and fanatics, in that every corner of most cities is crowded with students trying to engage in football betting. Could sex play a role in students' football betting activities? Whether yes or no, the detrimental effect is worrisome and problematic. The effect of the above behaviour is detrimental as it incubates poverty, frustration, laziness, waste of resources, illusions, fantasy, wrong ideas about wealth, lack of vision and creativity. Emmanuel and Terdoo, [1](2014) conclude in their findings that the prevalence of betting is on a high side because the motivation is mainly on financial empowerment. Opoku and Yeboah [1](2021) also indicated that students engage in sport betting because of cash winning and entertainment. The society expects Secondary School students at every level to record outstanding academic performance, so as to be productive and useful to themselves and society at large.

Secondary school students are adolescents who are enrolled into secondary education mostly between 11 and 20years. Secondary school students need to equip themselves with good and healthy study habits for academic empowerment and efficient productivity. Okesina [1](2009) opines that study habit are very crucial among students in developing a learning community with positive attitude, learners' perception, emotions and behaviour towards learning will be incomplete.

Study habit is the state of preparedness organized through zeal for academic pursuit and conceptualization. Study habits are constant endeavours for learning strategies geared towards planned learning and consistency on the part of the students, especially in terms of comprehension and evaluation. Therefore, successful academic achievement is rooted in study habit, comprehension and application. Clearly, good study habit increases one's skills of confidence, competence and self-esteem. All these will eventually boost one's academic performance for excellent productivity. Good study habit is a good criterion for achieving academic success as it will deter students' interests in frivolities (football betting). It is germane that secondary school students are able to cope with the stress of academic work in a society that is filled with distractions, especially among peer groups. According to Jafari [1], Aghaei & Khatony [1](2019), there is a direct and significant relationship between study habits and academic achievement. Study habits are the most important predictor of academic performance, and global research has revealed that study habits affect academic performance [1](Keyauta,

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Sharift & Garba, 2017). Potenza et.al, in Lungu [1] (2020) found an association between poor academic performance and sport betting in young adults (ages 14 and 18). Mfinanga, [2], Mrose & Bushibura [3] (2020) also posit that the main problem facing students betting is poor academic performance.

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Goals and objectives of good study habits may not be achieved if students are engaged in a vulnerable disposition of sports betting, procrastination, and regular evasion of classes, sidelining note taking, poor resting, and bad environmental influence (parenting). It is obvious that, strengths and habits differ. Anchoring that, some are considered more efficient than others; therefore there is the dire need for students to develop a high rate of resistance towards football betting and related events of distraction, so as to achieve academic uplift and excellence performance.

Nevertheless, good study habits cannot be exhibited among secondary school students in Enugu State when there is high accessibility of internet facilities and betting houses. Onyebisi, Alao & Popoola in Lungu [1] (2020) link the reason for the prevalence of online betting to technological advancement, and comfort zone application. Football betting has been growing in geometric progression as a result of quick hunger for financial breakthrough, laziness, depression and frustration. Thus, as a result of the notion towards wealth creation, students divert their school fees and money for their upkeep on betting with high hopes of becoming millionaires. This may greatly decline the chances of achieving good academic performance thereby reducing the productivity and efficiency of the economy. Students place bets consistently not minding how many times they lose their bets [4] (Okoti, Ogula & Munyua, 2019). Undoubtedly, all these activities consume their time meant for studying and create personal harm through psychological defect and illusion. It is for this point that the study seeks to examine the impact of football betting on the study habits of senior secondary school students in Enugu State, Nigeria.

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This study aims at examining the impact of football betting on the study habits of secondary school students in Enugu East Senatorial Zone.

### 1.1 The Aim of the Study

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Specifically, the study seeks to;

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1. Find out the reasons why senior secondary school students in Enugu East Senatorial Zone engage in football betting.
2. Investigate how often senior secondary school students in Enugu East Senatorial Zone visit football betting centers.
3. Determine the extent to which football betting negatively impacts on the study habits of senior secondary school students in Enugu East Senatorial Zone.

### 1.2 Research Questions

This research sought to answer the following questions:

1. what are the reasons why senior secondary school students in Enugu East Senatorial Zone engage in football betting?
2. How often do senior secondary school students in Enugu East Senatorial Zone get involved in football betting?



3. To what extent does football betting negatively impact the study habit of senior secondary school students in Enugu East Senatorial Zone?

## 2. METHODOLOGY

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The study made use of survey design and adopted quantitative approach to obtain data from respondents. It focused on all senior secondary schools in Enugu East Senatorial Zone which includes National Grammar School Nike, St. Patrick Secondary School Emene, G.S.S. Abakpa Nike, T.E.G.S.S. Enugu, New H.B.S. Enugu, Community Secondary School Ugwuogo Nike, G.S.S. Emene, Annunciation S.S. Nike, C.H.S. Emene, Umuchigbo H.S. Iji-Nike. From these schools, a population of 6,565 was got, out of which the sample size of 18 students from each school was selected bringing the sample size to 180 respondents using simple random sampling technique. The instrument used for data collection was a closed-ended questionnaire which comprised 15 items relating to participants' opinion on impact of football betting on students' study habits among senior secondary school students in Enugu East Senatorial Zone. The instrument was validated by three experts from Faculty of Education Nnamdi Azikiwe University, Awka. To determine the reliability of the instrument, a pilot study was conducted on 105 senior secondary school students in Ebonyi State. The internal consistency reliability estimate value of 0.76 obtained which is reliable. The data collected were analyzed using mean and standard deviation to answer the research questions. In using mean, real limit of numbers were used indicating the accepted boundaries for each response as presented below.

Ranges	Descriptive Rating (DR)
3.21-4.00	Strongly Agree
2.41-3.20	Agree
1.61-2.40	Disagree
0.81-1.60	Strongly Disagree
0.00-0.80	Undecided

### Decision Rule

The value 2.4 was the decision rule. Mean score below 2.4 was rejected while those from 2.4 and above were accepted because they indicated agreement.

## 3. RESULTS

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### Research question 1

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*What are the reasons why senior secondary school students in Enugu East Senatorial Zone engage in football betting?*

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Table 1. Reason why students go into football Betting

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S/N	Items	N	Mean	Std.	Decision
1.	Students who bet are from poor parental Background.	180	1.48	0.75	Reject



2.	Students engage in betting activities due to increase of illegal betting houses and unregulated betting activities.	180	3.38	0.93	Accept
3.	Students bet to satisfy their basic needs.	180	1.99	0.80	Reject
4.	Students engage in football betting to win cash.	180	3.01	1.01	Accept
5.	Accessibility of internet increase students betting.	180	3.38	0.72	Accept
<b>Grand Mean</b>			<b>2.64</b>		

**Source: Field survey, 2021.**

Table 1 above showed the mean rating and standard deviation of students on the reason of participating in sport betting. The items have a grand mean of 2.64 which is above the cut-off point of 2.40 indicating that people students go into sport betting because of the following reasons that includes, to satisfy their basic needs because of poverty, easy accessibility of internet, to win cash and unregulated betting activities. The grand mean is the average of the sub means scores in the group. Meanwhile, the mean ratings and standard deviation of respondents on item number 2,4 and 5 ranging between 3.01-3.38 and 0.72-1.01 respectively, revealed that, respondents accept on the items highlighted above as the reason why students go into football Betting. However, on item 1 and 3, the mean ratings and standard deviation of respondents ranges from 1.48-1.99 and 0.72-1.01 respectively. This shows that respondents reject on the items highlighted above as the reason why students go into football Betting.

## Research question 2

*How often do senior secondary school students in Enugu East Senatorial Zone get involved in football betting?*

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**Table 2.** How frequent students bet-

S/N	Items	N	Mean	Std.	Decision
6.	I bet on daily basis.	180	2.23	1.15	Reject
7.	I bet on weekly basis.	180	2.93	0.85	Accept
8.	I don't engage into betting if I lose once.	180	1.95	1.04	Reject
9.	Students bet when match is fixed.	180	3.76	0.66	Accept
10.	Students who are addict in betting will always bet even after losing.	180	3.11	2.11	Accept
<b>Grand Mean</b>			<b>2.79</b>		

**Source: Field survey, 2021.**



Table 2 presented the mean and standard deviation of students on how often they engage in football betting. The table has a grand mean of 2.79 which is above the cut-off point 2.40, indicating that most students bet weekly, place bet when there is match to play, students continuously place bet even after losing .

### Research Question 3

*To what extent does football betting negatively impact the study habit of senior secondary school students in Enugu East Senatorial Zone?*

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**Table 3.** How football betting negatively affects study habit-

S/N	Items	N	Mean	Std.	Decision
11.	Football betting interest male counterpart than female.	180	3.44	1.12	Accept
12.	I lose concentration in class as a result of poor result of matches.	180	3.87	0.79	Accept
13.	My study time is not affected by betting.	180	1.27	0.38	Reject
14.	I can use my school fees to place a bet.	180	3.28	0.99	Accept
15.	I feel sad engaging in school activities when I lose a bet.	180	3.15	1.11	Accept
<b>Grand Mean</b>			<b>3.002</b>		

**Source: Field survey, 2021.**

Table 3 showed respondents mean rating and standard deviation on how football betting negatively affects study habit among senior secondary school students. The table had a grand mean of 3.002 which is above the cutoff point of 2.40. This shows that football betting affects study habit among students in Enugu east Senatorial zone.

### 4. DISCUSSION OF FINDINGS

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The result shows that majority of students engage in betting regardless of their economic strength. The study further indicated that easy accessibility of internet, popularity of football betting and increase of illegal betting houses and unregulated betting activities are reasons for students engaging into betting activities. Easy access to internet is a big problem challenging mostly the adolescent as parents provide it for the children not minding the negative implication. The findings of this study is in support of Opoku and Yeboah (2021) who found out that students engage in sport betting because to win cash and for entertainment. Most often, students engage into football because they are already very use to the activities, they cannot concentrate without placing bet. My students go out during break time discussing how they will use their lunch money to play bet.

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The finding also shows that most students bet on weekly basis especially during football period and students continuously place bet even after losing. The finding is in line with the assertion of Okoti [13], Ogula & Munyua [14](2019) who lucidly claimed that those who bet lose their bets more times than they win, implying that student's place bet consistently even after losing previously. The implication is that most football seasons in Europe resume from August to May, the following year, almost the length of a school session. My students usually play bet when with their phone even classes is going on. They discuss this event loudly when they are alone and these distract their activities.

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The results of the findings also revealed that football betting affects study habit among students. The study indicate that football betting affect mostly the male counterpart than female. The study indicate that football betting affect their study habit through the following ways losing concentration in class as a result of poor result of matches, using their school fees to place a bet and feeling sad engaging in school activities. The finding agrees with Mfinanga [15], Mrose & Bushibura [16](2020) that the main problem facing students betting is poor academic performance.

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## 5. CONCLUSION

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The study indicated severally reasons for students engaging in football betting activities which include poor parental background, increase of illegal betting houses, unregulated betting activities, among others. The frequencies of engaging in the football betting activities were on weekly basis, when match is fixed among others. Football betting negatively affects students study habit by making them loose interest in academic activities. As a result of this the academic performance of the students is nothing to write home about. The above negative effect is feasible because of the easy accessibility of internet and interest in winning cash. Thus, all hands must be on deck to control the increase of the illegal betting centers and enforcement of policy to regulate betting activities.

## RECOMMENDATIONS

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This study made the following recommendations:

- i. There should be sensitization on the awareness of danger of football betting among students.
- ii. Policy should be made to address the incessant participation of betting activities by under-age students, this will go a long way to ameliorate the negative impact of football betting.
- iii. There should strict monitoring of registered betting centers and illegal betting houses and casinos should be closed down by the appropriate agency. This will serve as a warning to the society at large for those who still have in mind of violating the rules and regulation guiding betting activities I the country.
- iv. Above all, government should put a hitch in the rules and regulations to put a clause that limits football betting.
- v. Government should also find a way blocking the accessibility of betting activities through phone especially on adolescents who loses interest in their academic studies as a result of betting. This cannot be achieved without the consent of the internet provider.



## COMPETING INTERESTS DISCLAIMER:

Authors have declared that no competing interests exist. The products used for this research are commonly and predominantly use products in our area of research and country. There is absolutely no conflict of interest between the authors and producers of the products because we do not intend to use these products as an avenue for any litigation but for the advancement of knowledge. Also, the research was not funded by the producing company rather it was funded by personal efforts of the authors.

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