

3 *Microbial Trends and their drug resistance responsible for Bloodstream*
4 *Infections in a Superspeciality Transplant Hospital*

5 **Abstract:**

6 **Background & Objective:** Bloodstream infections (BSIs) are critical healthcare-associated
7 infections that lead to high morbidity and mortality, requiring rapid diagnosis and effective
8 antimicrobial treatment. The increasing prevalence of multidrug-resistant organisms
9 (MDROs) exacerbates this issue, particularly in developing countries. The purpose of this
10 study is to assess the bacteriological profile and antimicrobial susceptibility trends of BSIs to
11 establish an antibiogram for effective empirical treatment. **Materials and Methods:** This study
12 was conducted retrospectively on 3,300 blood culture samples from a multispecialty hospital
13 over 15 months. Cultures were performed using Bactec FX and identification and antibiotic
14 susceptibility determined by Vitek2 and Kirby-Bauer methods following CLSI guidelines.
15 **Results:** Overall, the positivity rate was (14.3%) with 473 isolates: (400 bacterial and 73
16 fungal). Gram-negative bacteria were predominant, led by *Klebsiella pneumoniae* (113
17 isolates) and *Escherichia coli* (100 isolates). Among the Gram-negative bacteria,
18 antimicrobial susceptibility was found to be low for Cephalosporins (21% sensitivity) and
19 Fluoroquinolones (19.3% sensitivity), with moderate susceptibility to Carbapenems (51.3%).
20 Sensitivity was high for Colistin (98.9%), Amikacin (91.05%), Tigecycline
21 (100%), Fosfomycin (100%) and Ceftazidime-avibactam Aztreonam (97.7%). Among Gram-
22 positive bacteria, *Coagulase-negative Staphylococcal Species* (CONS) and *Staphylococcus*
23 *aureus* were the most common. The overall sensitivity of Gram-positive bacteria to
24 antibiotics tested was high compared to the Gram-negative bacteria. Sensitivity to antibiotics
25 such as Linezolid was found to be 94.5% and Vancomycin was found to be 93.5%.
26 **Conclusion:** The high incidence of MDROs especially among the Gram-negative bacteria
27 highlights the need for continuous monitoring and antibiotic stewardship programs. Empirical
28 therapy must consider local resistance patterns, and a multidisciplinary approach is essential
29 to mitigate antimicrobial resistance

30 **Keywords:** Bloodstream infections (BSI), Antimicrobial Resistance (AMR), Healthcare-
31 associated infections, Gram positive; Gram Negative, antibiotics.

32 **Introduction:**

33 Blood-stream infections are one of the most common healthcare associated
34 infections. Bacteraemia is being described as simply the presence of viable bacteria
35 in the blood, while septicaemia is caused by bacteria or their toxins in blood and
36 brings about systemic manifestations being a significant cause of morbidity and
37 mortality, which requires prompt assessment, diagnosis, and antibiotic treatment. It
38 has devastating consequences including prolonged length of hospital stay, higher costs and
39 high mortality [1, 2]. Bloodstream infections account for about 9-11% of hospital acquired
40 infections in the developed countries while a higher prevalence of upto 19% has been
41 recorded from the developing countries. Currently, multidrug-resistant bacteria are emerging
42 which is of great concern as infections caused due to these organisms lead to fewer
43 treatment options, use of expensive drugs, prolonged hospital stay, with increased morbidity
44 and mortality. [2]

45 The risk factors for Blood stream infections include the use of healthcare devices such as
46 peripheral and central venous catheters, extremes of age such as elderly patients and
47 neonates and comorbid patients, such as those suffering from diabetes mellitus,
48 malignancies, renal failure, burns, prior hospitalisation and transplant patients. [2].

49 Among the numerous organisms causing bloodstream infections, Gram-negative bacteria
50 including *Escherichia coli* and *Klebsiella pneumoniae* which belong to the Enterobacterales
51 are the most common followed by non-fermenting Gram-negative bacteria like
52 *Pseudomonas aeruginosa* and *Acinetobacter baumannii* [1]. Among the Gram-positive
53 organisms isolated, *Staphylococcus aureus*, *Coagulase Negative Staphylococcal* species
54 (CONS) and *Enterococcus* species are the most common. [1] The pattern of organisms
55 isolated also differ according to several factors such as type of catheters used, type of the
56 healthcare facility, immune status of the patients, precautions taken and initial antimicrobial
57 therapy [1]. Early diagnosis of bloodstream infections is important and prompt detection of
58 these infections is an important function of Clinical Microbiology Laboratories [3]. Blood
59 culture being the gold standard for bacteraemia detection is an essential tool in the diagnosis
60 of these infections [2, 3]. The prevalence and susceptibility patterns of microorganisms vary
61 according to the geography and also differ within the same hospital with time. Hence, regular
62 monitoring of blood stream infections including all the possible range of organisms and their
63 antibiotic susceptibility patterns is important in order to start effective empirical treatment
64 and prevent inappropriate use of antibiotics, as well as to prevent emergence of
65 antimicrobial drug resistance. Prompt detection would also greatly contribute to lowering the
66 morbidity and mortality caused due to these infections [3]. Hence, the present study was
67 undertaken to understand the pattern of organisms causing Blood stream infections and their
68 antimicrobial susceptibility profiles.

69 **Aim of Study:**

70 This study aims to evaluate the bacteriological profile and calculate their antimicrobial trends
71 in order to formulate an antibiogram for effective empirical treatment of blood-stream
72 infections.

73 **MATERIALS AND METHODS**

74 The present study is a retrospective observational study conducted on 3300 patient samples
75 received for blood culture test at the Microbiology Laboratory of a multispecialty hospital
76 during the period from September'2021-December'2022. Blood culture samples were
77 obtained after observing proper aseptic collection practices which included cleansing the
78 venipuncture site with 70% Isopropyl alcohol and starting at the middle of the site, swabbing
79 concentrically with 1 to 10% tincture-iodine solution or chlorhexidine-gluconate solution and
80 allowing the site to air dry. The tops of each septum of the blood culture bottles were also
81 disinfected using 70% Isopropanol or Ethanol. Two sets of bottles with a volume of 8-10 ml
82 for adult patients and 1-3 ml for paediatric patients were obtained for culture. The samples
83 were collected in blood culture bottles using closed connection devices and transported to
84 the laboratory as soon as possible for processing, and were immediately loaded into the
85 Bactec FX machine once received in the laboratory.

86 The blood culture bottles which flagged positive for growth were processed immediately.
87 Gram stain was performed from the positive bottles using sterile aseptic precautions. The
88 gram character of the bacteria were noted. The positive blood culture growth was further
89 inoculated on solid media culture plates such as Blood agar, Chocolate agar and
90 MacConkey's agar. After overnight incubation at 35-37°C the colonies were identified either
91 on automated blood culture systems such as Vitek2 Compact (biomerieux) and/or Vitek2 MS

92 (MALDI TOF). We carried out Antibiotic susceptibility testing using the Vitek2 Compact AST
93 cards or Kirby-Bauer Disc diffusion methods. All the data were maintained in an Excel sheet
94 and appropriate bio-statistical tools were utilized for data analysis. MIC and Disc diffusion
95 results were reported according to CLSI guidelines M100 31st edition and 32nd edition.
96 Quality Control strains were also run on a regular basis both for identification and antibiotic
97 susceptibility.

98 Inclusion criteria: All blood cultures submitted to the Microbiology department over 15
99 months (from September'2021-December'2022) due to suspected infectious causes were
100 included in the study.

101 Exclusion criteria: All non-infectious cases whose blood cultures were submitted to the
102 Microbiology Department.

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105 **RESULTS**

106 A total of 3300 blood culture samples were received in the Microbiology Laboratory during
107 the period from September 2021 to December 2022. Out of the total samples received, 1712
108 samples were from the ICUs, 1448 from wards and 140 from OPDs. Positive growth was
109 obtained from 473 samples and the positivity rate was 14.33%.

110 Out of the total positive samples, 275 were from ICUs, 145 from wards and 25 from OPD.
111 Among the ICUs, majority were from the Liver ICU and Medical ICU followed by the
112 Transplant ICU, Neurological ICU, Cardiac ICU and the Renal ICU. Highest blood culture
113 positivity was found in the age-group of greater than 60 years followed by 46-60 years.
114 Higher positivity (n=324) was observed among males as compared to females (n=149). The
115 area-wise (ward, OPD/ICU) distribution overall blood culture specimens obtained and
116 positive blood cultures are given in Fig 1 & Fig 2 respectively. Out of the total 473 isolates
117 obtained, 400 were bacteria and 73 were fungal isolates. There was a total of 292 Gram-
118 negative bacteria and 108 Gram-positive bacteria isolated.

119 Out of the total 400 bacterial isolates obtained, Enterobacterales particularly *Klebsiella*
120 *pneumoniae* and *Escherichia coli* predominated the list with a total of 113 and 100 isolates
121 respectively. Besides these two organisms, the second most commonly isolated Gram
122 negative bacteria were *Acinetobacter baumannii* and *Burkholderia cepacia*. Apart from
123 these, other enterobacterales such as *Proteus mirabilis* and *Salmonella typhi* were also
124 obtained. Other non-fermenting gram-negative bacteria such as *Pseudomonas* spp,
125 *Burkholderia cepacia* and *Stenotrophomonas maltophilia* were also isolated (Fig 1).

126 Gram-positive organisms were also isolated but were lesser in number compared to the
127 Gram-negative bacteria. Among the Gram-positive bacteria that were isolated, *Coagulase*
128 *negative Staphylococcal species* (CONS) predominated the list followed by *Staphylococcus*
129 *aureus*. *Enterococcus* spp and *Streptococcus* spp were isolated but in lesser numbers (Fig
130 2). The trend of these organisms and their antimicrobial resistance patterns are given in the
131 tables below. *Klebsiella pneumoniae* which was the predominant organism found both in the
132 Wards and ICUs had a low sensitivity to Amoxicillin-clavulanate (18.6%) both in the Wards
133 and ICUs, the sensitivity of Piperacillin-tazobactam was 23.3% and 17.1% respectively in the
134 wards and ICUs. It was found to have a low sensitivity to Cephalosporins such as
135 Cefuroxime (16.3% and 14.3% respectively in the Wards and ICUs), Ceftriaxone (18.6% and
136 15.3% respectively in Wards and ICUs). The sensitivity to Cefepime was 35.9% and 18.6%

137 respectively in the Wards and ICUs. The sensitivity of *Klebsiella pneumonia* was also low for
138 Carbapenems such as Ertapenem (37.2% and 21.4% in Wards and ICUs respectively),
139 Imipenem (35.7% and 21.4% in Wards and ICUs respectively) and Meropenem (41.8% and
140 21.4% in Wards and ICUs respectively). Sensitivity to Fluoroquinolones was also low such
141 as to Ciprofloxacin (18.6% and 20%) respectively in the Wards and ICUs. There was a high
142 sensitivity to Colistin in the Wards (97.1%) and in the ICUs (98.5%). Sensitivity to
143 Ceftazidime-avibactam Aztreonam combination was 100% and 90.9% respectively in the
144 wards and ICUs and a sensitivity to Ceftazidime-avibactam alone was 50% and 70%
145 respectively in the wards and ICUs. *Escherichia coli* was the second-most common isolated
146 organism both in the Wards and ICUs. It was found to have a low sensitivity to
147 Cephalosporins such as Cefuroxime (13% and 9% respectively in Wards and ICUs),
148 Ceftriaxone (23.5% and 19% respectively in Wards and ICUs) and intermediate sensitivity
149 to Cefoperazone-sulbactam (65.2% and 51.9% respectively in Wards and ICUs) and to
150 Cefepime (55.8% and 39.0% respectively in Wards and ICUs).It was also found to have
151 intermediate sensitivity to Piperacillin-tazobactam (60.8% and 51.9% respectively in Wards
152 and ICUs) and Carbapenems such as Ertapenem (69.5% and 59.6%), Imipenem (76% and
153 55.8%) and Meropenem (78.2% and 59.6%) respectively in the wards and ICUs. It was
154 found to have a high sensitivity to antibiotics such as Amikacin (95.6%, 86.5), Gentamicin
155 (78.2%,63.5), Tigecycline (100%,100%), Colistin (100%,100%), Fosfomycin (100%,100%)
156 and Ceftazidime-avibactam Aztreonam (100%,100%) respectively in the wards and ICUs.

157 *Acinetobacter baumannii* which was the most common non-fermenting Gram-negative bacilli
158 isolated, had 100% sensitivity to Piperacillin-tazobactam in the wards and 0% sensitivity in
159 the ICUs. Similar finding was seen with Carbapenems with 100% sensitivity in the Wards
160 and 0% sensitivity in the ICUs. The sensitivity to Fluoroquinolones was 100% and 11.1%
161 respectively in the Wards and ICUs. The sensitivity to Tigecycline was 100% and 66.7%, for
162 Colistin it was 100% and 100% and for Minocycline it was 100% and 62.5% respectively in
163 the Wards and ICUs. *Burkholderia cepacia* which was also one of the most common Gram-
164 negative bacteria isolated had high sensitivity to Meropenem (100% and 100%),
165 Levofloxacin (83.3% and 80%) and Trimethoprim-Sulfamethoxazole (100% and 100%)
166 respectively in the Wards and ICUs. It was found to have 66.7% and 20% sensitivity to
167 Ceftazidime, 33.3% and 80% for Minocycline and 100% and 0% to Chloramphenicol
168 respectively for Wards and ICUs. *Coagulase Negative Staphylococcal Species* (CONS)
169 which was found to be the commonest organism isolated among the Gram-positive bacteria
170 had a 33.3% and 84.6% sensitivity to Fluoroquinolones and 53.3% and 91.3% sensitivity for
171 Trimethoprim-Sulfamethoxazole respectively in the Wards and ICUs. Sensitivity to antibiotics
172 such as Linezolid was found to be 100% and 86.9%, Teicoplanin 46.7% and 91.3%,
173 Vancomycin 100% and 100% and to Tetracycline 100% and 91.3% respectively in the
174 Wards and ICUs.

175 *Staphylococcus aureus* which was the second most common Gram-positive organism
176 isolated had high sensitivity to Tetracycline (100% and 100%), Vancomycin (100% and
177 100%), Teicoplanin(100% and 100%) and Linezolid (100% and 100%) respectively in the
178 Wards and ICUs. The sensitivity to Clindamycin was 25% and 50% and for Erythromycin it
179 was found to be 12.5% and 25% respectively in the Wards and ICUs. The sensitivity to
180 Trimethoprim-sulfamethoxazole was 87.5% both in the Wards and ICUs. *Enterococcus*
181 *species* the third most common gram-positive organism isolated was found to have a low
182 sensitivity to Erythromycin (0%) both in the Wards and ICUs and to Tetracycline (60% and
183 0% respectively in the Wards and ICUs).It was observed that the sensitivity of *Enterococcus*
184 *faecium* to Teicoplanin and Vancomycin was 40% and 69.2%, Linezolid 60% and 76.9%
185 respectively for Wards and ICUs. The sensitivity to Tigecycline was 100% both in the Wards
186 and ICUs. The sensitivity of *Enterococcus faecalis* with Tigecycline was 100% and 83.3%

187 respectively in the Wards and ICUs and it was found to have 100% sensitivity for Linezolid,
188 Teicoplanin and Vancomycin both in the Wards and ICUs. The *Streptococcus species* that
189 were isolated included *Streptococcus pneumoniae*, *Streptococcus pyogenes*, *Streptococcus*
190 *dysgalactiae*, *Streptococcus sanguinus*, *Streptococcus infantarius*, *Streptococcus*
191 *gallolyticus* and *Streptococcus parasanguinus*. The sensitivity of *Streptococcus species* to
192 almost all the antibiotics was found to be high both in the Wards and the ICUs.

193 The CRE rates for *Klebsiella pneumoniae* were 22.1% and 46.0% respectively in the Wards
194 and ICUs. The CRE rate for *Escherichia coli* was found to be 8% and 20% respectively in
195 the Wards and ICUs. Carbapenem-resistant *Acinetobacter baumannii* (CRAB) rate was 0%
196 and 69.2% respectively in the Wards and ICUs. The rate of Methicillin Resistant
197 *Staphylococcus aureus* (MRSA) was found to be 20% both in the Wards and ICUs.

198 Vancomycin-Resistant *Enterococci* (VRE) rate was found to be 11.1% and 14.8 %
199 respectively in the Wards and ICUs.

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202 **DISCUSSION:**

203 Blood stream infection if left untreated may be lethal, therefore prompt detection,
204 identification and susceptibility testing of the pathogenic microorganisms is the vital
205 responsibility of the Microbiology laboratory [3, 4, 5]. In the present study, the blood culture
206 positivity was found to be 14.33%. This rate of positivity is similar to many studies in India
207 and abroad [3,6,7]. A study done by Mehdinejad M et al in Iran showed a lower positivity rate
208 of 5.6% [8]. Whereas a study by Sharma M et al on paediatric patients showed a higher
209 overall positivity at 22.9 % [9]. The positivity rate observed by Pandey et al in their study in
210 Nepal was similar to our study at 12.6% [10]. The variation in these numbers could be due to
211 a variety of factors including number of blood culture bottles taken, volume of blood drawn,
212 prior administration of antibiotics and various other factors such as geographical location,
213 nature of the population and differences in the etiological agents [4,5]. The lower rate in our
214 study could be due to the fact that us being a tertiary care centre, many patients would have
215 already received antibiotics before they were admitted.

216 The gender-wise ratio was 2.17:1 (324:149) and was skewed in favour of males (Table 4).
217 This is in accordance with the recent review of data in the National Hospital Discharge
218 Survey (U.S) which states that the incidence of sepsis, severe sepsis, and septic shock is
219 higher in men than in women [11]. Also, men are more likely to seek treatment earlier as
220 they are the active and the main earning members of most families, so they may be more
221 prompt to visit physician chambers for treatment. [4].

222 Our study found that the highest blood culture positivity was found in the age-group of
223 greater than 60 years. This could be due to the fact that majority of the males were in this
224 age-group and hence are predisposed to many diseases leading to a higher risk of BSIs.

225 In the present study, blood-stream infections due to Gram-negative bacteria outweighed the
226 Gram-positive bacteria. Similar results were also seen in the studies by Palewar et al and
227 Vanitha et al. [5,12] Among the Gram-negative bacteria, Enterobacterales predominated the
228 list with majority of the isolates being *Klebsiella pneumonia* (28%) and *Escherichia coli*
229 (25%) as found in other studies such as those carried out by Banik et al and Gupta et al
230 [3,13].

231 *Acinetobacter baumannii* and *Burkholderia cepacia* group were the most common non-
232 fermenting Gram-negative bacilli isolated (n=13 each). The total non-fermenting Gram-
233 negative bacteria isolated were n=52 and contributed to 13% of the total bacteria isolated.
234 This finding is important as most of these bacteria are nosocomial pathogens and also
235 associated with a high degree of antimicrobial resistance. [14,15,6].

236 In this study, *Salmonella typhi* was isolated in 0.8% (4/473) cases. Similar findings were
237 seen in studies by Jadhav et al (1.5%) [15]. However, there are studies which reported a
238 higher prevalence of *Salmonella typhi* between 12-15% as seen in studies done by Vanitha
239 et al and Chhina et al. [14,16].

240 Among the Gram positive organisms that were isolated, *Coagulase-negative Staphylococcal*
241 *species* (CONS) (41/473) were the most common followed by *Staphylococcus aureus*
242 (20/473). Over the past years, *Coagulase-negative Staphylococcal species* (CONS) once
243 considered as skin commensals are now emerging as true pathogens in various settings.
244 Improper blood collection practices and presence of long-standing intravascular catheters
245 contribute to the spread of Blood Stream Infections due to these pathogens. There were
246 similar studies done by Wattal et al and Karlowsky et al in which CONS was found to be the
247 most commonly isolated [6,16].

248 *Klebsiella pneumoniae* which was the most common Enterobacterale isolated had a low
249 susceptibility to Cephalosporins and Fluoroquinolones. This finding is similar to studies done
250 by Mark et al. The study also suggests that resistance to Cephalosporins is a marker for the
251 presence of Extended Spectrum Beta Lactamases (ESBLs) [17]. The high resistance of
252 Cephalosporins and Fluoroquinolones is due to the fact that these antibiotics are one of the
253 most commonly used both in inpatient and outpatient settings as stated in studies done by
254 Banik et al and Palewar et al [3,5]. The isolates were found to have a moderate susceptibility
255 to Carbapenems such as Meropenem and Imipenem. The decreasing susceptibility of
256 Carbapenems is alarming and is due to irrational use of these drugs in inpatient settings.
257 This finding is similar to the study conducted by Zhang et al [18]. Hence Carbapenems
258 should be held back only for cases not responding to other combination therapies. It is also
259 advised that Carbapenems should also be used in combination with other classes of
260 antibiotics with a good profile to the isolated pathogen, to reduce the speed at which bacteria
261 generate resistance to these drugs as mentioned in the study done by Watkins et al [19]

262 Susceptibility to drugs such as Amikacin, Gentamicin, Tigecycline, Colistin, Fosfomycin,
263 Ceftazidime-avibactam was high. This is in accordance to similar studies done by Palewar et
264 al, Sharma et al and Robilotti et al where these drugs were found susceptible to *Klebsiella*
265 *pneumonia* isolates [5,20,21]. It was also found that sensitivity to the drug combination of
266 Ceftazidime-avibactam with Aztreonam was high. This finding was seen in similar other
267 studies including the studies done by Watkins et al [19] and Ojdana et al [22] where
268 combination therapies were used for treatment. Hence we see that the treatment options for
269 ESBL producing and CRE *Klebsiella pneumonia* is limited, therefore rational use of
270 antibiotics is a must. Also, one should consider using combination therapies in case of
271 multidrug resistant strains instead of using monotherapy for treatment.

272 *Escherichia coli* which was the second most common enterobacterale isolated in the present
273 study had a moderate susceptibility to Cephalosporins, Piperacillin-tazobactam and
274 Carbapenems. This was similar to the studies done by Dandamudi et al [23]. It was found to
275 have a high susceptibility to drugs such as Amikacin, Gentamicin, Tigecycline, Colistin,
276 Fosfomycin and Ceftazidime-avibactam Aztreonam which was similar to the studies done by
277 Palewar et al and Sharma et al [5, 20].

278 There was a high resistance of *Acinetobacter baumannii* to Carbapenems and only few
279 drugs like Fluroquinolones, Tigecycline, Colistin and Minocycline had a good susceptibility to
280 this organism. This is similar to the study done by Viehman et al [24].

281 In the present study, *Coagulase-Negative Staphylococcal Species* (CONS) which was the
282 most common Gram-positive organism isolated had good susceptibility to drugs such as
283 Trimethoprim-Sulfamethoxazole, Linezolid, Teicoplanin, Tetracycline and Vancomycin. This
284 finding was similar to the studies done by Palewar et al. [5]
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286 *Staphylococcus aureus*, the second most common Gram-positive organism isolated in our
287 study had high susceptibility to Teicoplanin, Linezolid, Tetracycline and Vancomycin.
288 However, there was a low susceptibility for macrolides such as Clindamycin and
289 Erythromycin. The Methicillin resistance (MRSA) rate was found to be (20%) both in the
290 Wards and ICUs. This rate was found to be similar to the studies done by Sharma et al in the
291 year 2015 [20]. However, higher rates of Methicillin Resistant *Staphylococcus aureus*
292 (MRSA) were found in many other studies such as studies done by Banik et al and Palewar
293 et al

294 [3, 5]. The susceptibility of *Enterococcus species* isolates to Linezolid, Vancomycin,
295 Tigecycline, Teicoplanin was also high which was similar to the studies done by Palewar et
296 al [5]. Vancomycin-Resistant *Enterococci* (VRE) rate was found to be 11.1% and 14.8
297 respectively in the Wards and ICUs. This finding was similar to studies done by Japoni et al
298 [25]. There were however studies which demonstrated a higher rate of VRE as in the studies
299 done by Palewar et al [5] and Vasudeva et al [4].

300 All the *Streptococcus species* isolated in the current study had a high susceptibility to all the
301 antibiotics being tested. This finding was similar to the study done by Palewar et al [5].
302 Penicillin resistance was noted in 6.5% of the *Streptococcus species* being isolated. This
303 finding was similar to the studies done by Chawla et al [26] who reported a 4% rate in
304 resistance. A higher penicillin resistance of 16% was reported by Wattal et al [6]. Quinolone
305 resistance was observed in 25% of *Streptococcus pneumoniae* isolates and 50% in other
306 *Streptococcal species*. This is similar to the findings seen by Chawla et al in which a high
307 resistance of Ciprofloxacin was seen (14%) which can be attributed to the high usage of
308 quinolones nowadays [27]. There were however, earlier studies such as those done by
309 Jones et al and Pletz et al which have mentioned an increasing trend in quinolone resistance
310 [27,28]. All the isolates were susceptible to Ceftriaxone which is similar to the study done by
311 Wattal et al [6].

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313

314 **CONCLUSION:**

315 In the present study, Gram-negative bacteria were the predominant organisms isolated, with
316 a low susceptibility to Fluoroquinolones and Cephalosporins, moderate susceptibility to
317 Carbapenems and a high susceptibility to drugs such as Amikacin, Gentamicin, Tigecycline,
318 Colistin, Fosfomycin, Ceftazidime-avibactam and Ceftazidime-avibactam Aztreonam
319 combinations. The susceptibility of Gram-positive organisms to antibiotics such as Linezolid,
320 Vancomycin, Tetracycline and Teicoplanin were still found to be high.

321 The treatment options for Gram-negative bacteria are limited, hence de-escalation of high-
322 end antimicrobials is recommended once the sensitivity pattern of the isolate is known. In

323 addition, routine monitoring of etiology of blood stream infections and formulation of an
324 antibiogram is a must for every healthcare setting. Also, an antibiotic restriction policy, use of
325 combination therapies and antibiotic recycling may help in reducing the incidence of
326 bloodstream infections and also prevent the emergence of antimicrobial resistance.

327 A vigorous infection control program along with formulation of an antimicrobial stewardship
328 program is a must in this era.

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330 **COMPETING INTERESTS DISCLAIMER:**

331 Authors have declared that they have no known competing financial interests OR non-
332 financial interests OR personal relationships that could have appeared to influence the work
333 reported in this paper.

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336 **HIGHLIGHTS OF THE STUDY:**

- 337 • The overall blood culture positivity in this study was found to be 14.3%.
- 338 • Gram-negative bacteria were the predominant organisms with majority being
339 *Klebsiella pneumonia* and *Escherichia coli*.
- 340 • Among the Gram-positive bacteria *Coagulase Negative Staphylococcal Species*
341 (CONS) were most commonly isolated.
- 342 • Antimicrobial resistance was found to be high among the Gram-negative bacteria
343 with only few antibiotics having good sensitivity.
- 344 • The overall MRSA rate was found to be 20%.
- 345 • The overall VRE rate was found to be 12.9%.
- 346 • The CRE rates for *Klebsiella pneumoniae* was 34.1% and the CRE rate for
347 *Escherichia coli* was found to be 14%.
- 348 • A vigorous infection control program along with formulation of an antimicrobial
349 stewardship program is necessary.

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352 **LIMITATIONS OF THE STUDY:**

353 The study was limited by small sample size which resulted from the short duration of data
354 collection. A larger sample size spanning over several years would have been more robust
355 for better statistical conclusions to be made.

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358 **Disclaimer (Artificial intelligence)**

359 Author(s) hereby declare that NO generative AI technologies such as Large Language
360 Models (ChatGPT, COPILOT, etc.) and text-to-image generators have been used during the
361 writing or editing of this manuscript.

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492 **Table 1: Overall distribution**
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	Frequency	Percentage
Age Group (in years)		
<1	38	1.15%
1 – 12	88	2.67%
13 – 18	59	1.79%
19 – 30	280	8.48%
31 – 45	631	19.12%
46 – 60	990	30.00%
>60	1214	36.79%
Gender		
Female	1028	31.15%
Male	2272	68.85%
Ward		
Ward	1268	38.42%
Liver ICU	615	18.64%
Medical ICU	559	16.94%
Transplant ICU	284	8.61%
Neuro ICU	199	6.03%
CT Post	142	4.30%
OPD	140	4.24%
Cardiac ICU	41	1.24%

BMT	28	0.85%
Renal ICU	14	0.42%
HDU	10	0.30%

ICU: Intensive Care Unit, OPD: Outpatient Distribution

Table 2: Overall growth distribution

Growth/No Growth	Frequency	Percentage
Growth	473	14.33%
No Growth	2827	85.67%

Table 3: Overall distribution of positive isolates

	Growth	
	Frequency	Percentage
Age Group (in years)		
<1	4	0.85%
1 – 12	2	0.42%
13-18	2	0.42%
19-30	42	8.88%
31-45	88	18.60%
46-60	158	33.40%
>60	177	37.42%
Gender		
Female	149	31.50%
Male	324	68.50%
Ward/ICU/OPD		
Ward	145	30.66%
Liver ICU	120	25.37%
Medical ICU	88	18.60%
Transplant ICU	30	6.34%
Neuro ICU	27	5.71%
CT Post	24	5.07%
OPD	25	5.29%
Cardiac ICU	7	1.48%
BMT	3	0.63%
Renal ICU	3	0.63%
HDU	1	0.21%

Table 4: Susceptibility of Gram-negative isolates in Wards and Intensive Care Units

Antibiotic	Klebsiella Pneumoniae		Escherichia Coli		Acinetobacter Baumannii		Burkholderia Cepacia	
	Ward	ICU	Ward	ICU	Ward	ICU	Ward	ICU
Ampicillin	0	0	2.3	5.8	NA	NA	NA	NA
Amoxicillin-Clavulanic Acid	18.6	18.6	46.5	36.5	NA	NA	NA	NA
Piperacillin/Tazobactam	23.3	17.1	60.8	51.9	100	0	NA	NA
Cefuroxime	16.3	14.3	13	9.6	NA	NA	NA	NA

Cefuroxime Axetil	16.3	14.3	13	9.6	NA	NA	NA	NA
Ceftriaxone	18.6	15.3	23.5	19.0	NA	NA	NA	NA
Cefoperazone/Sulbactam	37.2	22.9	65.2	51.9	100	22.2	NA	NA
Cefepime	35.9	18.6	55.8	39.0	100	0	NA	NA
Ertapenem	37.2	21.4	69.5	59.6	NA	NA	NA	NA
Imipenem	35.7	21.4	76	55.8	100	0	NA	NA
Meropenem	41.8	21.4	78.2	59.6	100	0	100	100
Doripenem	NA	NA	NA	NA	100	0	NA	NA
Amikacin	51.1	51.4	95.6	86.5	100	NA	NA	NA
Gentamycin	32.5	34.3	78.2	63.5	100	22.2	NA	NA
Ciprofloxacin	18.6	20	17.4	17.3	100	11.1	NA	NA
Levofloxacin	NA	20	14.2	0	100	11.1	83.3	80
Tigecycline	0	17.3	100	100	100	66.7	NA	NA
Colistin	27.8	98.5	100	100	NA	100	NA	NA
Trimethoprim/Sulfamethoxazole	28.6	33.3	41.3	38.5	100	11.1	100	100
Ticarcillin-Clavulanic Acid	NA	NA	NA	NA	100	0	0	0
Ceftazidime	NA	NA	NA	NA	100	0	66.7	20
Minocycline	NA	NA	NA	NA	100	62.5	33.3	80
Chloramphenicol	NA	NA	NA	NA	NA	NA	100	0
Fosfomycin	100	NA	100	100	NA	NA	NA	NA
Ceftazidime-Avibactam	50	70	33.3	0	NA	NA	NA	NA
Cefta-Avi+Aztreo	100	90.9	100	100	NA	NA	NA	NA

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Table 4: Continue

Antibiotic	Stenotrophomonas Maltophilia		Enterobacter Cloacae		Pseudomonas Spp		Salmonella Typhi		Salmonella Spp	
	Ward	ICU	Ward	ICU	Ward	ICU	Ward	ICU	Ward	ICU
Ampicillin	NA	NA	NA	0	NA	NA	100	100	50	
Amoxicillin-Clavulanic Acid	NA	NA	0	0	NA	NA	100	100	100	
Piperacillin/Tazobactam	NA	NA	100	50	20	50	100	100	100	
Cefuroxime	NA	NA	0	0	NA	NA	0	NA	0	
Cefuroxime Axetil	NA	NA	0	0	NA	NA	0	NA	0	
Ceftriaxone	NA	NA	100	100	NA	NA	100	100	100	
Cefoperazone/Sulbactam	NA	NA	100	50	20	50	100	100	50	
Cefepime	NA	NA	100	100	20	66.7	100	100	100	
Ertapenem	NA	NA	100	50	NA	NA	100	100	100	
Imipenem	NA	NA	100	50	20	66.7	100	100	100	
Meropenem	0	0	100	50	20	50	50	100	100	

Doripenem	NA	NA	NA	NA	33.3	50	NA	NA	NA	
Amikacin	NA	NA	50	50	100	66.7	0	NA	0	
Gentamycin	NA	NA	50	50	60	66.7	0	NA	0	
Ciprofloxacin	NA	NA	100	50	20	66.7	0	100	50	
Levofloxacin	0	100	100	NA	20	66.7	NA	NA	NA	
Tigecycline	NA	NA	100	100	NA	0	100	NA	100	
Colistin	NA	NA	100	100	100	100	100	100	100	
Trimethoprim/ Sulfamethoxazole	50	100	100	50	0	0	100	100	100	
Ticarcillin- Clavulanic Acid	0	80	NA	NA	0	0	NA	NA	NA	
Ceftazidime	0	40	NA	NA	60	60	NA	NA	NA	
Minocycline	100	100	NA	NA	100	66.7	NA	NA	NA	
Chloramphenicol	50	100	NA	NA	NA	NA	NA	NA	NA	
Fosfomycin	NA	NA	NA	NA	100	NA	NA	NA	NA	
Ceftazidime- Avibactam	NA	NA	NA	NA	100	NA	NA	NA	NA	
Cefta- Avi+Aztreo	NA	NA	NA	NA	100	NA	NA	NA	NA	

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514 **Table 4: Continue**

Antibiotic	Acinetobacter Spp		Proteus Mirabilis		Chryseobacterium Indologenes	Sphingomonas Paucimobilis	Elizabethkingia Meningoseptica	Serratia Marcesens	
	Ward	ICU	Ward	ICU				Ward	ICU
Ampicillin	NA	NA	0	0	NA	NA	NA	NA	NA
Amoxicillin- Clavulanic Acid	NA	NA	0	100	NA	NA	NA	0	0
Piperacillin/Tazobactam	NA	100	100	100	0	66.7	0	NA	NA
Cefuroxime	NA	NA	100	0	NA	NA	NA	0	0
Cefuroxime Axetil	NA	NA	100	0	NA	NA	NA	0	0
Ceftriaxone	NA	NA	100	0	NA	NA	NA	100	100
Cefoperazone/ Sulbactam	100	100	100	100	100	66.7	0	100	100
Cefepime	40	50	100	0	66.7	0	0	100	100
Ertapenem	NA	NA	0	100	NA	NA	NA	100	100
Imipenem	40	50	0	0	0	66.7	NA	NA	NA
Meropenem	40	50	100	100	0	100	NA	100	100
Doripenem	40	50	NA	NA	NA	NA	NA	NA	NA
Amikacin	100	100	100	0	0	66.7	NA	100	100
Gentamycin	80	50	100	0	66.7	66.7	NA	100	100

Ciprofloxacin	80	50	0	0	0	33.3	0	100	100
Levofloxacin	80	50	NA	NA	100	50	0	NA	NA
Tigecycline	100	100	0	0	0	100	100	100	100
Colistin	100	100	NA	NA	0	0	NA	NA	NA
Trimethoprim/ Sulfamethoxazole	80	50	0	0	100	66.7	100	100	100
Ticarcillin- Clavulanic Acid	60	100	NA	NA	0	66.7	NA	NA	NA
Ceftazidime	20	0	NA	NA	66.7	33.3	NA	NA	NA
Minocycline	100	100	NA	NA	100	100	100	NA	NA
Chloramphenicol	NA	NA	NA	NA	NA	NA	NA	NA	NA
Fosfomycin	NA	NA	NA	NA	NA	NA	NA	NA	NA
Ceftazidime- Avibactam	NA	NA	NA	NA	NA	NA	NA	NA	NA
Cefta- Avi+Aztreo	NA	NA	NA	NA	NA	NA	NA	NA	NA

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Table 5: Susceptibility of Gram-positive isolates in Wards and Intensive Care units

Antibiotics	Cons		Staphylococcus Aureus		Enterococcus Faecium		Enterococcus Faecalis	
	Ward	ICU	Ward	ICU	Ward	ICU	Ward	ICU
Ampicillin	NA	NA	NA	NA	NA	NA	NA	NA
Ceftriaxone	NA	NA	NA	NA	NA	NA	NA	NA
Gentamycin	66.7	60.8	75	100	NA	NA	NA	NA
Gentamycin High Level	NA	NA	NA	NA	20	30.7	0	50
Ciprofloxacin	33.3	84.6	12.5	12.5	20	0	0	33.3
Levofloxacin	33.3	84.6	12.5	37.5	20	0	0	33.3
Tigecycline	100	100	100	100	100	100	100	83.3
Trimethoprim/Sulfamethoxazole	53.3	91.3	87.5	87.5	NA	NA	NA	NA
Benzylpenicillin	6.6	65.2	0	12.5	20	0	100	100
Oxacillin	26.7	26	50	50	NA	NA	NA	NA
Erythromycin	6.6	33.3	12.5	25	0	0	0	0
Clindamycin	26.7	42.8	25	50	NA	NA	NA	NA
Linezolid	100	86.9	100	100	60	76.9	100	100
Daptomycin	NA	100	NA	100	100	0	NA	NA
Teicoplanin	46.7	91.3	100	100	40	69.2	100	100
Vancomycin	100	100	100	100	40	69.2	100	100
Tetracycline	100	91.3	100	100	60	0	0	0
Nitrofurantoin	NA	NA	NA	NA	NA	NA	NA	NA
Cefotaxime	NA	NA	NA	NA	NA	NA	NA	NA
Chloramphenicol	NA	NA	NA	NA	NA	NA	NA	NA
Moxifloxacin	NA	NA	NA	NA	NA	NA	NA	NA
Fosfomycin	NA	NA	NA	NA	100	100	NA	NA

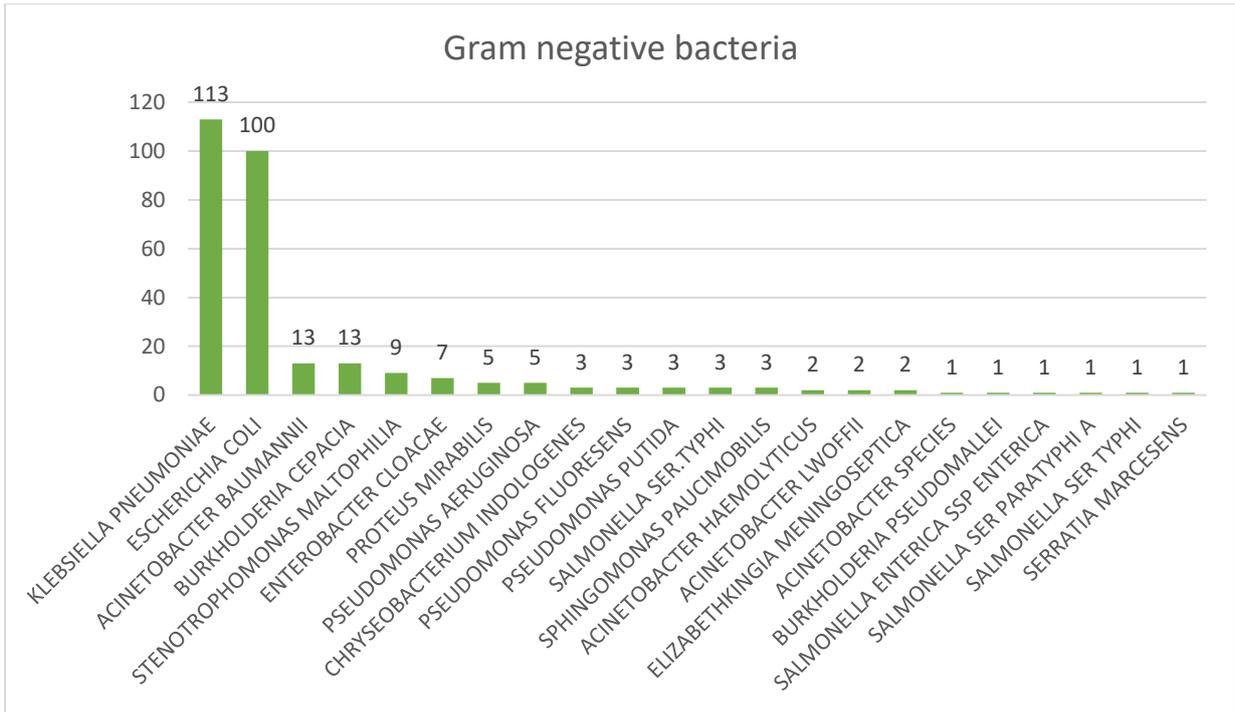
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521 **Table 5: Continue**

Antibiotics	Streptococcus Spp		Streptococcus Pneumoniae		Streptococcus Pyogenes		Enterococcus Spp	
	Ward	ICU	Ward	ICU	Ward	ICU	Ward	ICU
Ampicillin	80	80	NA	100	100		NA	
Ceftriaxone	100	100	100	100	100		NA	
Gentamycin	NA	NA	NA	NA	NA		NA	
Gentamycin High Level	NA	NA	NA	NA	NA		NA	
Ciprofloxacin	NA	NA	NA	NA	NA		0	
Levofloxacin	40	80	100	25	100		0	
Tigecycline	100	100	100	100	100		NA	
Trimethoprim/Sulfamethoxazole	100	NA	50	25	100		NA	
Benzylpenicillin	75	80	100	100	100		NA	
Oxacillin	NA	NA	NA	NA	NA		NA	
Erythromycin	0	75	0	25	100		0	
Clindamycin	60	100	50	100	100		100	
Linezolid	100	100	100	100	100		100	
Daptomycin	NA	NA	NA	NA	NA		NA	
Teicoplanin	NA	NA	NA	NA	NA		100	
Vancomycin	100	100	100	100	100		100	
Tetracycline	20	60	0	25	100		NA	
Nitrofurantoin	NA		NA	NA	NA		NA	
Cefotaxime	100	100	100	100	100		NA	
Chloramphenicol	100	100	100	100	100		NA	
Moxifloxacin	75	100	100	100	100		NA	
Fosfomycin	NA	NA	NA	NA	NA		NA	

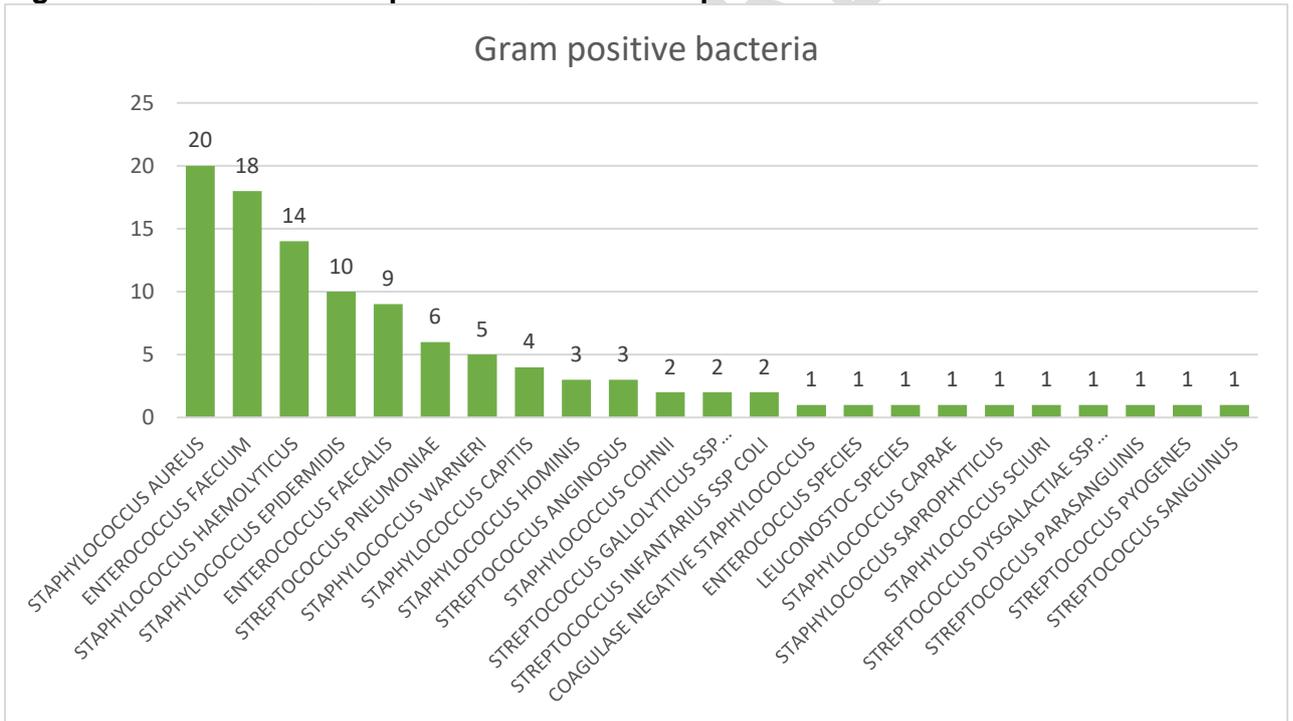
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Fig 1: Distribution of gram-negative isolates from positive blood cultures



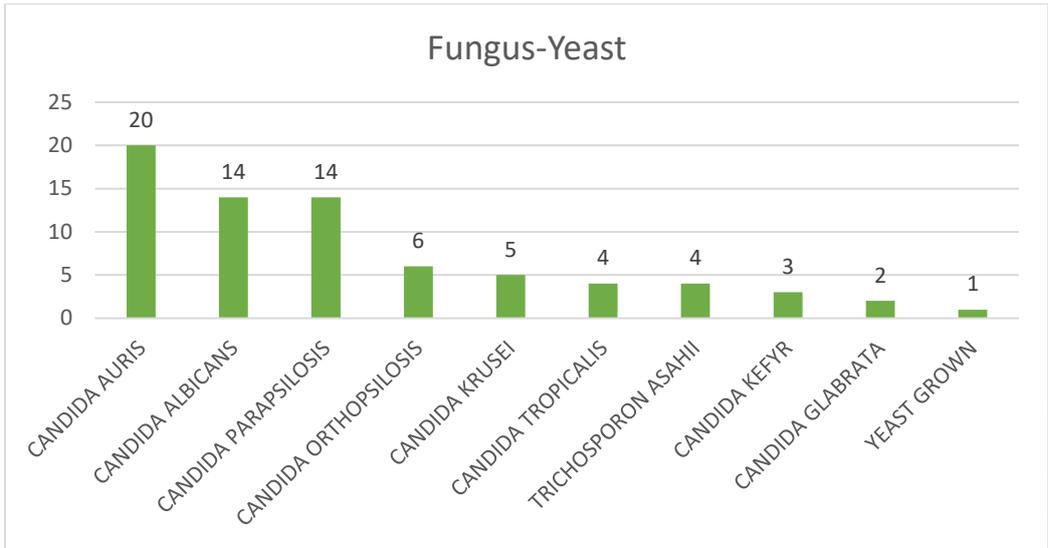
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Fig 2: Distribution of Gram-positive isolates from positive blood cultures



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Fig 3: Distribution of Fungus-Yeast from positive blood cultures



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UNDER PEER REVIEW