

## EFFECT OF ORGANIC NUTRIENTS AND ZINC BIOFORTIFICATION ON GROWTH AND YIELD OF SPONGE GOURD (*Luffa cylindrica* L.) CV. MAHY HARITA

### ABSTRACT

A field experiment was carried out to study the "Effect of organic nutrients and zinc biofortification on growth and yield of sponge gourd (*Luffa cylindrica* L.) cv. Mahy Harita" was carried out at Orchard, Department of Horticulture, Annamalai University, Faculty of Agriculture, Tamil Nadu during 2023-2024. The experiment was laid out in RCBD with fifteen treatments in three replications. The organic manures used in the experiment were farm yard manure (25 t ha<sup>-1</sup>) and enriched manure (1 t ha<sup>-1</sup>) as soil application along with consortium of biofertilizer (2 kg ha<sup>-1</sup>) and foliar application of biostimulants viz., panchagavya (3%), seaweed extract (3%) and effective microbial inoculants (2%). The zinc in the form of *Bacillus subtilis* @ 10 and 20g was applied as soil application. The results of the experiment revealed that the growth parameters viz., vine length, number of leaves, leaf length, leaf breadth and leaf area were recorded the highest in the treatment that received the application of farmyard manure 25 t ha<sup>-1</sup> combined with panchagavya (3%) as foliar application and *Bacillus subtilis* @ 20g. The results of the experiment revealed that the yield attributes viz., the highest number of fruits plant<sup>-1</sup>, fruit length, fruit girth, fruit weight and fruit yield plant<sup>-1</sup>, fruit yield plot<sup>-1</sup>, and fruit yield ha<sup>-1</sup> were registered in the treatment which received the application of enriched manure @ 1 t ha<sup>-1</sup> combined with panchagavya (3%) as foliar application and *Bacillus subtilis* @ 20g (T<sub>11</sub>).

**Keywords:** Organic manures, biostimulants, growth parameters, yield parameters, zinc, biofortification

### 1. INTRODUCTION

Sponge gourd (*Luffa cylindrica* L.) is one of the important tropical and subtropical cucurbitaceous crops grown extensively throughout India. It has a smooth surface and is one of the popular vegetables in India. It occupies an area of about 7.21 lakh ha with production of 12.87 lakh tonnes. The productivity of this crop is 10.52 tonnes per hectare [2]. The tender fruits are used as vegetable which is easily digestible and increase appetite when consumed. It is a highly nutritive vegetable and it contains moisture of 93.2 g, protein 1.2 g, fat 0.20 g, carbohydrate 2.9 g, minerals like calcium 36 mg, iron 1.1 mg and phosphorus 19 mg and fibers (0.20 g) per 100 g of edible portion. The sponge of the mature fruit helps the skin in increasing the blood circulation and as a relief for rheumatic and arthritis sufferers. The fruits are also used to cure jaundice and diabetes. A large quantity of inorganic fertilizers are provided to vegetables in

order to get higher yield and maximum income in commercial cultivation. But the application of inorganic fertilizer alone may cause human health problems and also pollute the environment. Organic fertilizer application may improve the growth by supplying plant nutrients including micro nutrients as well as enhances chemical, physical and biological properties of the soil, thereby providing a better environment for root development by improving the soil structure. Biostimulants are not a fertilizer because they have no direct effect on increase of plant growth and productivity rather, they improve the productivity by enhancing the efficiency of nutrient uptake of already existing nutrient in soil or externally applied nutrient [10]. The zinc deficiency problem in food crops can be addressed through the zinc biofortification approach to provide adequate zinc content in multiple edible parts of plants. Zn scarcity affects a large portion of arable land, and about one third of the human population suffers from zinc malnutrition due to poor Zn intake [19]. Zinc is also critical to tissue growth, wound healing, taste acuity, connective tissue growth and maintenance, immune system function, bone mineralization, proper thyroid function, blood clotting and cognitive functions. In this regard, the use of zinc-mobilizing bacteria with diverse abilities to promote plant growth is the current need to increase crop productivity, food security and to increase the zinc concentration in the edible parts of crops. The present investigation was undertaken to study the effect of organic nutrients and zinc biofortification on seed germination, seedling vigour, growth, yield and quality of sponge gourd cv. Mahy Harita.

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## 2. MATERIALS AND METHODS

The investigation on "Effect of organic nutrients and zinc biofortification on growth and yield of sponge gourd (*Luffa cylindrica* L.) cv. Mahy Harita" was carried out at Orchard, Department of Horticulture, Annamalai University, Faculty of Agriculture, Tamil Nadu during 2022-2023. The experiment was laid out in RCBD with 15 treatment combinations in three replications. The treatments are T<sub>1</sub>: Control, T<sub>2</sub>: FYM (Farmyard manure), T<sub>3</sub>: FYM + PG (panchagavya) + *Bacillus subtilis* @ 10g, T<sub>4</sub>: FYM + PG + *Bacillus subtilis* @ 20g, T<sub>5</sub>: FYM + SWE (seaweed extract) + *Bacillus subtilis* @ 10g, T<sub>6</sub>: FYM + SWE + *Bacillus subtilis* @ 20g, T<sub>7</sub>: FYM + EMI (effective microbial inoculants) + *Bacillus subtilis* @ 10g, T<sub>8</sub>: FYM + EMI + *Bacillus subtilis* @ 20g, T<sub>9</sub>: EM (Enriched manure), T<sub>10</sub>: EM + PG + *Bacillus subtilis* @ 10g, T<sub>11</sub>: EM + PG + *Bacillus subtilis* @ 20g, T<sub>12</sub>: EM + SWE + *Bacillus subtilis* @ 10g, T<sub>13</sub>: EM + SWE + *Bacillus subtilis* @ 20g, T<sub>14</sub>: EM + EMI + *Bacillus subtilis* @ 10g, T<sub>15</sub>: EM + EMI + *Bacillus subtilis* @ 20g. The sponge gourd variety Mahy Harita (MSGH 6) produced by Mahyco private Limited, Mumbai was used for the experiment. The fruits are dark green with slender in shape and mature in 40-45 days after sowing. The zinc uptake of fruit was estimated by using triple acid digestion method described by Lindsay and Norwell (1958) with a atomic absorption spectrophotometer. The field was thoroughly ploughed and divided into plots of 3m x 3m. Six pits per plot were formed and the seeds were sown. The organic manures viz., FYM 25 t ha<sup>-1</sup>, EM 1 t ha<sup>-1</sup> along with consortium of biofertilizers @ 2 kg ha<sup>-1</sup> were incorporated at the time of last ploughing as per the treatment schedule. The zinc was applied in the form of *Bacillus subtilis* through soil application as 10g and 20 g at different levels.

The required quantity of biostimulants panchagavya @ (3%), seaweed extract @ (3%)

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inoculants @ (2%) were prepared and spray according to the treatment schedule in three split doses viz., 20, 35, 50 days after sowing. The crop was irrigated every fifth day and proper drainage facilities were provided as the crop cannot stand water logging. Weeding was done at 15 days after sowing. Necessary plant protection measures were carried out as per recommendation. The plants were harvested separately for each treatment as 45 DAS. The fruits of sponge gourd fruit takes 6 to 7 days from setting to reach the marketable size.



Fig.1 Experimental field view of sponge gourd (*Luffa cylindrica* L.)

### 3. RESULTS AND DISCUSSION

#### 3.1. Growth parameters

The results revealed that the growth parameters (Table 1) viz., vine length, number of leaves, leaf length and leaf breadth were significantly influenced by the supplementation of organic manures along with consortium of biofertilizers and biofortification of zinc at varying levels. The highest vine length (136.40 cm, 267.37 cm, 368.46 cm), number of leaves (47.88, 85.29, 187.19), leaf length (14.16 cm) and leaf breadth (15.42 cm) were recorded with 25 t FYM ha<sup>-1</sup> and foliar application of panchagavya (3%) along with soil application of *Bacillus subtilis* @ 20g. The least vine length (84.24 cm, 180.07 cm, 286.44 cm), number of leaves (15.24, 41.51, 136.84), leaf length (9.53 cm) and leaf breadth (9.84 cm) were recorded with control (T<sub>1</sub>).

The increase in vine length could be due to the organic manure applied in the form of FYM might have improved the physical and chemical properties of the soil and leading to the adequate supply of nutrients to the plants with sufficient water holding capacity and might have accelerated the vine length. The reason for increased vine length may also be due to improved nutrient uptake by plants in this treatment, resulting in improved vegetative growth. The present findings are in close agreement with Singh *et al.* [17] who reported the application of organic manures improved the vine length in cucumber. The increase in growth of plants might be attributed due to the application of panchagavya spray also

SamRuban*etal.*[13]inbrinjalwhoreportedthatplantheightsignificantlyincreasedwithapplicationof

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panchagavya that possess almost all macro, micronutrients and growth promoting hormones (IAA, GA) required for plant growth. Further, in the present study application of *Bacillus* also enhanced the vinelength. Sreekumar and Singh [19] reported that some of the strains of *Bacillus* were found to produce mixtures of lactic acid, isovaleric acid, isobutyric acid and acetic acid which might have directly or indirectly promoted the growth attributes in sponge gourd.

**Table-1 Effect of organic manures and zinc on growth parameters in sponge gourd cv. Mahy Harita**

Tr.No	Vine length (cm)			No. of leaves (cm)			Leaf length (cm)	Leaf breadth (cm)	Leaf area (cm <sup>2</sup> )
	30DAS	60DAS	90DAS	30DAS	60DAS	90DAS			
T <sub>1</sub>	84.24	180.07	286.44	15.24	41.51	136.84	9.53	9.84	47.04
T <sub>2</sub>	90.81	223.11	315.41	16.41	49.20	146.36	10.19	10.58	53.36
T <sub>3</sub>	129.07	260.22	356.34	37.16	75.62	178.06	13.19	14.55	96.27
T <sub>4</sub>	136.40	267.37	368.46	47.88	85.29	187.19	14.16	15.42	109.17
T <sub>5</sub>	107.98	241.58	336.22	21.40	59.66	160.54	11.46	12.01	68.81
T <sub>6</sub>	117.00	247.57	345.12	26.63	64.34	168.30	12.14	12.77	77.51
T <sub>7</sub>	99.48	235.48	327.59	17.91	54.57	153.59	10.72	11.39	61.05
T <sub>8</sub>	115.00	247.42	345.05	26.27	63.13	167.73	12.15	12.80	77.76
T <sub>9</sub>	87.84	209.37	302.79	15.81	45.93	142.57	9.85	10.20	50.23
T <sub>10</sub>	120.88	252.35	349.61	30.13	68.36	171.41	12.47	13.54	84.42
T <sub>11</sub>	132.52	263.28	361.78	41.62	79.15	182.59	13.84	14.94	103.38
T <sub>12</sub>	96.89	231.48	321.37	17.04	51.97	149.97	10.44	11.01	57.47
T <sub>13</sub>	103.23	237.45	332.62	19.20	57.72	156.71	11.08	11.68	64.70
T <sub>14</sub>	112.31	244.52	340.34	23.44	61.75	164.05	11.82	12.43	73.46
T <sub>15</sub>	124.76	256.38	354.62	33.50	72.10	174.68	12.79	13.89	88.82
S.E.D	1.01	2.17	3.34	0.70	0.86	1.38	0.12	0.15	0.67
CD(p=0.05)	2.04	4.38	6.73	1.40	1.73	2.76	0.24	0.30	1.35

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Similar findings on increase in number of leaves due to application of organic nutrients have been reported by Bhattarai and Maharajan [5] in carrot. The increase in number of leaves could also be due to sudden release of higher level of nutrients and minerals from FYM which is readily available to plants.

The nitrogen released from FYM is synthesized into amino acids which are built into complex protein and helped in better growth. Application of consortium biofertilizer also increased the number of leaves in the present study. The increase in number of leaves due to the application of consortium biofertilizer improves better plant growth promotion ability to PGPRs as the consortium, apart from the nutrients supplying potential are able to synthesize phytohormones, decompose organic matter, enlarge the soil flora and improve the soil structure for root development and better absorption of water and nutrients. Foliar spray of panchagavya increase the number of leaves in the present study. It might be due to the presence of various growth enzymes which favours rapid cell division and cell- multiplication contributing to the overall growth and development of plants resulting in better yields Kumar and Singh [8]. According to the findings reported by Ali *et al.* [1] in okra, in the present study the soil application of *Bacillus* increased the number of leaves. The reason could be due to auxins, gibberellins, and cytokinins are the growth-promoting compounds produced by *B. subtilis*. These chemicals may help to increase the plant growth and output by enhancing nutrient uptake and water use efficiency.

Comment [15]: Add reference

Similar findings of enhanced leaf parameters were reported by Pathak *et al.* [12] in radish. Application of organic manure could have involved in rapid elongation and multiplication of cells in the presence of adequate quantity of nitrogen supplied by farmyard manure in the earlier stages of crop, leading to increase in leaf parameters and leaf area. The role of biofertilizers which had a positive relationship with crop growth by maximizing the solubilizing potential assisting in efficient transformation of nutrients from unavailable form to available form. These results were in concurrence with Bhuvaneshwari and Anburani [6] in bottle gourd. The spray of panchagavya enhanced the leaf area could be due to the presence of growth regulatory substances such as IAA, GA, cytokinin, essential plant nutrients, effective microorganisms and biofertilizers present in panchagavya. It also been reported to contain bacteria producing plant growth promoting substances as well as bacteria having biological activities. The present findings are in close affirmative with Esakkiamma *et al.* [7] in dolichus lablab. Application of *Bacillus subtilis* also increased the leaf area reported by Singh [18] in cucumber.

### 3.2. Yield parameters

The results revealed (Table-2) that the higher number of fruits plant<sup>-1</sup> (23.76), fruit length (37.30 cm), fruit girth (14.64 cm), single fruit weight (234.18 g) and highest fruit yield plant<sup>-1</sup> (5.24 kg plant<sup>-1</sup>). The least number of fruits plant<sup>-1</sup> (9.22), fruit length (16.69 cm), fruit girth (11.59 cm), single fruit weight (90.40 g), and fruit yield plant<sup>-1</sup> (1.02 kg plant<sup>-1</sup>) were recorded in the treatment T<sub>1</sub> (control).

Comment [16]: Incomplete sentence

The application of various organic manures combined with foliar application of panchagavya and soil application of *Bacillus subtilis* enhanced the yield parameters. The increase in high yield and yield parameters viz., number of fruits, fruit length, fruit girth, single fruit weight, fruit yield per plant and fruit yield per plot were found in organic treatments might be due to the synergistic interaction between enriched compost and biofertilizers consortium and the mineralization of macro and micronutrients from

organic manures might have helped to get high yields. Such findings were in accordance with Barik *et al.* [4] in ridge gourd. Further, in the present study combined application of panchagavya improved the maximum fruit yield and could be due to microbes present in panchagavya that produced growth hormones which helped in increasing weight of fruit and number of fruits plant<sup>-1</sup> through cell division and cell elongation by translocation of more amount of carbohydrates to the developing fruits. The effect of panchagavya on yield parameters were already reported by Sanjiv *et al.* [13] in tomato.

Further in the present study, the *Bacillus subtilis* isolate increased the yield of plants in addition to inducing resistance to biotrophic fungal plant pathogens in tomato. These are presumably transported into the shoot via the xylem. Intensified and prolonged synthesis of these phytohormones may be regarded as a cause of delayed senescence and improved yields. The results of this experiment were supported by the findings of Sreekumar and Singh [19] in sponge gourd who recorded significantly higher fruit yield by application of *Bacillus subtilis* and increased the number of fruits and diameter of fruits.

**Comment [17]:** Need reconsideration of paragraph and rewrite according to results in table 2

**Table-2 Effect of organic manures and zinc on yield parameters in sponge gourd**

cv. Mahy Harita

Tr.No.	No. of fruits per plant <sup>-1</sup>	Fruit length (cm)	Fruit girth (cm)	Mean single fruit weight (g)	Fruit yield plant <sup>-1</sup> (kg)	Zinc uptake in fruit (mg 100g <sup>-1</sup> )
T <sub>1</sub>	9.22	16.69	11.59	90.40	1.02	0.10
T <sub>2</sub>	10.01	21.56	12.05	121.15	1.36	0.60
T <sub>3</sub>	17.61	28.77	13.92	204.21	3.41	2.03
T <sub>4</sub>	19.12	34.23	14.48	228.41	4.23	2.20
T <sub>5</sub>	11.81	26.05	12.58	161.64	1.85	1.61
T <sub>6</sub>	13.28	26.57	12.97	171.34	2.20	1.73
T <sub>7</sub>	14.01	27.18	13.43	183.91	2.53	1.82
T <sub>8</sub>	16.46	28.00	13.76	194.15	3.10	1.95
T <sub>9</sub>	10.65	22.40	12.36	138.32	1.42	0.90
T <sub>10</sub>	18.76	32.20	14.29	223.81	4.13	2.12
T <sub>11</sub>	23.76	37.30	14.64	234.18	5.24	2.31
T <sub>12</sub>	11.87	26.22	13.18	163.18	1.92	1.62
T <sub>13</sub>	15.21	27.01	13.53	188.73	2.83	1.89
T <sub>14</sub>	13.96	26.01	13.07	182.36	2.50	1.80
T <sub>15</sub>	18.22	31.20	14.12	217.34	3.90	2.08
S.E.D	0.33	0.35	0.18	3.71	0.07	1.70
CD(p=0.05)	0.66	0.70	0.36	7.48	0.15	3.41

**Comment [18]:** Add error value in ± format also known as error bars for significance



### 3.3. Zinc content

The result revealed that the zinc content in fruit were recorded highest in treatment T<sub>11</sub> (2.31 mg 100 g<sup>-1</sup>) which received the application of enriched manure 1 t ha<sup>-1</sup> + panchagavya @ 3% + *Bacillus subtilis* @ 20g. The least zinc content in fruit (0.10 mg 100 g<sup>-1</sup>) were recorded in T<sub>1</sub> (control). The increase in the uptake of micro and macro-nutrients capability of plants could be due to the application of organic nutrients and inoculation with PGPR that results in the formation and improvement of lateral roots and improved the root biomass. The soil application of *Bacillus subtilis* strain also increased in the uptake of nutrients. Similar findings were also reported by Anwar *et al.* [3] in okra plants.

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### 4. CONCLUSION

Based on the findings of the experiment it is concluded that the ~~Based on the field experiments conducted, it can be concluded that~~, combined application of enriched manure @ 1 t ha<sup>-1</sup> + panchagavya (3%) + *Bacillus subtilis* @ 20g was reported to be the best treatment in enhancing growth, yield, and quality of sponge gourd cv. Mahy Harita.

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